

**DAKOTA HIGH SCHOOL
SPRING BREAK CLASSIC
FRESHMAN-SOPHOMORE INVITATIONAL**



Date: Saturday, April 6, 2024

Location: Dakota High School Stadium, 21051 21 Mile Road, Macomb, MI 48044

Medals: Top 8 Individuals & Top 2 Relays, distributed at the end of the meet.

No team scores **All 9th and 10th grade athletes are eligible to compete. **

Admission: \$5 per person using GOFAN -No cash (12 & under are free)

11:15 Scratches/Substitutions Due

11:30 Coaches Meeting

12:00 Field Events Begin:

Pole Vault (Girls 1st) 7' 0" / 5' 0"

High Jump (Boys 1st) 3'10" / 4'10"

Discus (Girls 1st) -- 4 Throws-No Finals

Shot Put (Boys 1st) -- 4 Throws-No Finals

Long Jump (Open Order) -- 4 Jumps-No Finals

12:30 (Boys 1st in all running events)

2K Steeplechase (30"/36") 9-12 gr.

4 x 800m Relay

High Hurdles 30"/36"

100m Dash

4 x 200m Relay (9/10)

4 x 200m Relay (11/12)

1600m Run

4 x 100m Relay

400m Dash

800m Run

200m Hurdles 30"/33"

200m Dash

3200m Run *ALL Grades

4 x 400m Relay

- **NEW in 2024 (Steeplechase and 3200m Run will be open for all grades) we will also have a 11th-12th grade 4 x200m Relay.**
- You may enter 3 individuals in each event and 2 relays per school.
- JV heats will be run in all races if there are contestants. You may also have JV athletes in the field events. They will not be able to medal from these heats.
- **Entries must be submitted to athletic.net by April 5th at 1 pm.**
- Substitutions can be made the day of the meet.
- **Enter these athletes in athletic.net, using the JV selection. If you think they may run, enter them, it is easier to scratch them, than it is to add them to the system.**

A limited # of commemorative t-shirts will be available for purchase. \$20- No Cash

Send checks to Dakota HS, 21051 21 Mile Road, Macomb MI 48044 c/o Mike Timpa

Cost: Boys or Girls Team

\$150 paid to Dakota HS Track & Field

Both Teams

\$300 paid to Dakota HS Track & Field

Individuals

\$20 per athlete

Contact: Mike Timpa at mtimpa@cvs.k12.mi.us or 586.723.2951 or
Dakota Athletics at 586.723.2800

DAKOTA HIGH SCHOOL ATHLETICS

This document constitutes an agreement to participate in the following event.

SPRING BREAK CLASSIC

At Dakota High School 21051 21 Mile Road, Macomb MI 48044

TRACK & FIELD CONTRACT / PAYMENT

ENTRY FEE FOR SATURDAY APRIL 6, 2024, SPRING BREAK CLASSIC:

- ___ : ONE TEAM = \$150
- ___ : BOYS & GIRLS TEAMS = \$300
- ___ : INDIVIDUAL ATHLETE = \$20 EACH

Total Payment: _____

Please forward this sheet to the school's athletic director for payment.

School: _____ **Athletic Director** _____

Men's Head Coach: _____ **Phone:** _____

Men's Head Coach: Email address: _____

Women's Head Coach: _____ **Phone:** _____

Women's Head Coach's Email address: _____

Make Checks payable to Dakota High School Track & Field

Mail Checks to: **Dakota High School**
c/o Mike Timpa, Head Coach
21051 21 Mile Road
Macomb, MI 48044

Final information about the meet will be emailed prior to the meet. Most information about the meet can also be found on athletic.net

Spring Break Classic Meet Records –Girls

Updated 4/11/23

| | | | | |
|---|---|---------------------|----------|------|
| Steeplechase (2000m 30") | Cassie Bill 10 | Warren Mott | 10:21.08 | 2023 |
| 4x800m | Marian Siver 9 (2:33), Vanneste 10 (2:38), Agrusso 9 (2:39), Prezzato 9 (2:42) | | 10:25.50 | 2019 |
| 100m Hurdles (33") | Erin Rajter 10 | Stevenson | 16.26 | 2009 |
| 100m Hurdles (30") | Gabrielle Robinson 10 | Troy Athens | 17.67 | 2023 |
| 100m | Angelica Floyd 10 | Chippewa Valley | 12.83 | 2015 |
| 4x200m | Troy Athens (G. Robinson 10, A. Jajou 9, I. Piotrowski 10, M. Piotrowski 9) | | 1:52.60 | 2023 |
| 1600m | Lauren Sickmiller 10 | Grosse Pointe North | 5:32.15 | 2016 |
| 4x100m | Troy Athens (G. Robinson 10, A. Jajou 9, I. Piotrowski 10, M. Piotrowski 9) | | 52.52 | 2023 |
| 400m | Sydney Benson 10 | Grosse Pointe North | 59.46 | 2014 |
| 300m Hurdles (discontinued after 2021) | Sara Moen 10 | Lakeview | 49.54 | 2011 |
| 200m Hurdles (new in 2022) | Clair Taylor 9 | Warren Mott | 33.43 | 2023 |
| 800m | Izabella Gowen 9 | Dakota | 2:31.73 | 2016 |
| 200m | Bri Jackson 9 | Oxford | 26.31 | 2011 |
| 3200m | Mallory Bigelow 9 | Oxford | 11:44.75 | 2022 |
| 4x400m | Marian Siver 9 (66.3), Prezzato 9 (67.0), Vanneste 10 (71.0), Agrusso 9 (65.2) | | 4:29.67 | 2019 |
| Discus | Janan Khalil 10 | Dakota | 106' 4" | 2019 |
| High Jump | Angelina Isakov 10 | Dakoa | 5' 2" | 2021 |
| Long Jump | Erika Young 10 | Mt. Clemens | 16' 4" | 2009 |
| Shot Put | Lizzy Maniaci 10 | Chippewa Valley | 33' 0" | 2014 |
| Pole Vault | Jacqueline Williams 10 | Lakeview | 9' 0" | 2009 |

Spring Break Classic Meet Records –Boys

Updated 4/11/23

| | | | | |
|---|---|----------------------------|----------|------|
| Steeplechase (2000m 30") | Sam Criner 10 | Warren Mott | 8:50.59 | 2023 |
| 4x800m | Detroit Catholic Central (Felty 10, Hobson 10, McLaren 10, Smith 10) | | 8:57.2 | 2014 |
| 110m Hurdles (39") | Jevin Williams 9 | Harper Woods Chandler Park | 16.23 | 2017 |
| 110m Hurdles (36") | Damon Stennis 10 | Detroit Martin Luther King | 17.93 | 2023 |
| 100m | Hunter Harris 10 | Detroit Loyola | 11.26 | 2015 |
| 4x200m | Dakota (P. Aguila 10, L. Gales 10, J. Fowler 10, D. Collier 10) | | 1:37.18 | 2014 |
| 1600m | Preston Navarre 10 | Grosse Pointe North | 4:37.49 | 2019 |
| 4x100m | Detroit Martin Luther King (A. Garrett 9, D. Readus 10, D. Ellington 9, S. Stephens 9) | | 46.24 | 2023 |
| 400m | Julian Farrell 10 | Troy Athens | 52.14 | 2023 |
| 300m Hurdles (discontinued after 2021) | Allen Stritzinger 9 | De La Salle | 43.86 | 2014 |
| 200m Hurdles (new in 2022) | Michael Kronner 10 | Warren Mott | 28.14 | 2023 |
| 800m | Carson Nicoletti 10 | Utica | 2:06.46 | 2019 |
| 200m | Hunter Harris 10 | Detroit Loyola | 23.36 | 2015 |
| 3200m | Connor Sickmiller 10 | Grosse Pointe North | 10:19.84 | 2014 |
| 4x400m | Grosse Pointe North (Kolp 10, Brady 10, Butler 10, Davison 10) | | 3:45.40 | 2014 |
| Discus | Tyler Bates 10 | Erie Mason | 136' 9" | 2019 |
| High Jump | Zachary Webb 10 | Dakota | 6' 3" | 2019 |
| Long Jump | Zach Stadnika 10 | Lutheran North | 20' 7.5" | 2014 |
| Shot Put | Tyler Bates 10 | Erie Mason | 49' 4.5" | 2019 |
| Pole Vault | Cody Morgan 10 | Dakota | 12' 0" | 2009 |