

**DAKOTA HIGH SCHOOL
SPRING BREAK CLASSIC
FRESHMAN-SOPHOMORE INVITATIONAL**



Date: Saturday, April 9, 2022

Location: Dakota High School Stadium, 21051 21 Mile Road, Macomb, MI 48044

Medals: Top 8 Individuals & Top 2 Relays, distributed at the end of the meet.

No team scores ****All 9th and 10th grade athletes are eligible to compete. ****

Admission: \$5 per person using GOFAN -No cash (12 & under are free)

<https://gofan.co/app/events/587808?schoolId=MI9930>

We will attempt to get a time for all athletes, but, as always, it is a good idea to time your own athletes. We will be using a FAT system.

11:15 Scratches/Substitutions Due

11:30 Coaches Meeting

12:00 Field Events Begin:

Pole Vault (Girls 1st) 7' 0" / 5' 0"

High Jump (Boys 1st) 3'10" / 4'10"

Discus (Girls 1st) TOP 9 to finals

Shot Put (Boys 1st) TOP 9 to finals

Long Jump (Girls 1st) TOP 9 to finals

12:30

100m Prelims

JV 100m

High Hurdles Prelims

JV High Hurdles

200m Prelims

JV 200m

-Break-

4 x 800m Relay

High Hurdles

100m Dash

4 x 200m Relay

1600m Run

4 x 100m Relay

400m Dash

800m Run***

200m Hurdles***

200m Dash***

3200m Run

4 x 400m Relay

***New Order

- You may enter 3 individuals in each event and 2 relays per school.
- JV heats will be run in all races if there are contestants. You may also have JV athletes in the field events. They will not be able to medal from these heats.
- **Entries must be submitted to athletic.net by April 8th at 1 pm.**
- **Substitutions can be made the day of the meet.**
- **Enter these athletes in athletic.net, using the JV selection. If you think they may run, enter them, it is easier to scratch them, than it is to add them to the system.**

A limited # of commemorative t-shirts will be available for purchase. \$20- No Cash
We would appreciate any help you or your athletes could give us with the hurdles.

Send checks to Dakota HS, 21051 21 Mile Road, Macomb MI 48044 c/o Mike Timpa

Cost: Boys or Girls Team

\$125 paid to Dakota HS Track & Field

Both Teams

\$250 paid to Dakota HS Track & Field

Individuals

\$15 per athlete

Contact: Mike Timpa at mtimpa@cvs.k12.mi.us or 586.723.2951 or
Dakota Athletics at 586.723.2800

DAKOTA HIGH SCHOOL ATHLETICS

This document constitutes an agreement to participate in the following event.

SPRING BREAK CLASSIC

At Dakota High School 21051 21 Mile Road, Macomb MI 48044

TRACK & FIELD CONTRACT / PAYMENT

ENTRY FEE FOR SATURDAY APRIL 9, 2021 SPRING BREAK CLASSIC:

- ___: ONE TEAM = \$125
- ___: BOYS & GIRLS TEAMS = \$250
- ___: INDIVIDUAL ATHLETE = \$15 EACH

Total Payment: _____

Please forward this sheet to the school's athletic director for payment.

School: _____ **Athletic Director** _____

Men's Head Coach: _____ **Phone:** _____

Men's Head Coach: Email address: _____

Women's Head Coach: _____ **Phone:** _____

Women's Head Coach's Email address: _____

Make Checks payable to Dakota High School Track & Field

Mail Checks to: **Dakota High School**
c/o Mike Timpa, Head Coach
21051 21 Mile Road
Macomb, MI 48044

Final information about the meet will be emailed prior to the meet. Most information about the meet can also be found on athletic.net

Spring Break Classic Meet Records –Girls

Updated 4/29/21

4x800m	Marian Siver 9 (2:33), Vanneste 10 (2:38), Agrusso 9 (2:39), Prezzato 9 (2:42)		10:25.50	2019
100m Hurdles	Erin Rajter 10	Stevenson	16.26	2009
100m	Angelica Floyd 10	Chippewa Valley	12.83	2015
4x200m	Grosse Pointe North (Boles, Thomas, Mathis, Simmons)		1:55.46	2016
1600m	Lauren Sickmiller 10	Grosse Pointe North	5:32.15	2016
4x100m	Davison (Dirkse, Arnes, Roach, Wilson)		53.79	2019
400m	Sydney Benson 10	Grosse Pointe North	59.46	2014
300m Hurdles	Sara Moen 10	Lakeview	49.54	2011
800m	Izabella Gowen 9	Dakota	2:31.73	2016
200m	Bri Jackson 9	Oxford	26.31	2011
3200m	Maya Harb 10	Marian	12:03.11	2019
4x400m	Marian Siver 9 (66.3), Prezzato 9 (67.0), Vanneste 10 (71.0), Agrusso 9 (65.2)		4:29.67	2019
Discus	Janan Khalil 10	Dakota	106' 4"	2019
High Jump	Angelina Isakov 10	Dakoa	5' 2"	2021
Long Jump	Erika Young 10	Mt. Clemens	16' 4"	2009
Shot Put	Lizzy Maniaci 10	Chippewa Valley	33' 0"	2014
Pole Vault	Jacqueline Williams 10	Lakeview	9' 0"	2009

Spring Break Classic Meet Records –Boys

Updated 4/29/21

4x800m	Catholic Central (Felty 10, Hobson 10, McLaren 10, Smith 10)		8:57.2	2014
100m Hurdles	Jevin Williams 9	Harper Woods Chandler Park	16.23	2017
100m	Hunter Harris 10	Detroit Loyola	11.26	2015
4x200m	Dakota (Aguila 10, Gales 10, Fowler 10, Collier 10)		1:37.18	2014
1600m	Preston Navarre 10	Grosse Pointe North	4:37.49	2019
4x100m	Dakota (Sloan 10, Kelley 10, Rivers 10, Walker 10)		46.54	2016
400m	Jordan Davison 10	Grosse Pointe North	53.17	2014
300m Hurdles	Allen Stritzinger 9	De La Salle	43.86	2014
800m	Carson Nicoletti 10	Utica	2:06.46	2019
200m	Hunter Harris 10	Detroit Loyola	23.36	2015
3200m	Connor Sickmiller 10	Grosse Pointe North	10:19.84	2014
4x400m	Grosse Pointe North (Kolp 10, Brady 10, Butler 10, Davison 10)		3:45.40	2014
Discus	Tyler Bates 10	Erie Mason	136' 9"	2019
High Jump	Zachary Webb 10	Dakota	6' 3"	2019
Long Jump	Zach Stadnika 10	Lutheran North	20' 7.5"	2014
Shot Put	Tyler Bates 10	Erie Mason	49' 4.5"	2019
Pole Vault	Cody Morgan 10	Dakota	12' 0"	2009

Teams entered as of 4-2-22

Brother Rice	Boys	
Detroit Catholic Central	Boys	
Detroit Loyola	Boys	Girls
Fraser	Boys	Girls
Grosse Pointe North		Girls
Hazel Park	Boys	Girls
Macomb Dakota	Boys	Girls
Macomb Lutheran North	Boys	Girls
Madison Hts. Bishop Foley	Boys	Girls
Mt. Clemens	Boys	Girls
Orchard Lake St. Mary	Boys	
Oxford	Boys	Girls
Sterling Hts. Stevenson	Boys	Girls
Troy Athens	Boys	Girls
Utica	Boys	Girls