

**DAKOTA HIGH SCHOOL  
SPRING BREAK CLASSIC  
FRESHMAN-SOPHOMORE INVITATIONAL**



**Date: Friday, April 9, 2021**

**Location: Dakota High School Stadium, 21051 21 Mile Road, Macomb, MI 48044**

**Medals: Top 5 Individuals & Top 2 Relays, distributed at the end of the meet.**

**No team scores      \*\*All 9<sup>th</sup> and 10<sup>th</sup> grade athletes are eligible to compete. \*\***

We will attempt to get a time for all athletes, but, as always, it is a good idea to time your own athletes. We will be using a FAT system.

**11:15 Scratches/Substitutions Due**

**11:30 Coaches Meeting**

**12:00 Field Events Begin:**

**Pole Vault (Boys 1<sup>st</sup>) 7' 0" / 5' 0"**

**High Jump (Girls 1<sup>st</sup>) 3'10" / 4'10"**

**Discus (Boys 1<sup>st</sup>) TOP 6 to finals**

**Shot Put (Girls 1<sup>st</sup>) TOP 6 to finals**

**Long Jump (Boys 1<sup>st</sup>) TOP 6 to finals**

**12:30**

**100m Prelims**

**JV 100m**

**High Hurdles Prelims**

**JV High Hurdles**

**200m Prelims**

**JV 200m**

**-Break-**

**4 x 800m Relay**

**High Hurdles**

**100m Dash**

**4 x 200m Relay**

**1600m Run**

**4 x 100m Relay**

**400m Dash**

**Low Hurdles**

**800m Run**

**200m Dash**

**3200m Run**

**4 x 400m Relay**

- You may enter 3 individuals in each event and 2 relays per school.
- Exhibition heats may be run in the 100, 200, and high hurdles if there are contestants. You may also have exhibition athletes in the jump events and circle races. They will not be able to medal from these heats.
- **Entries must be submitted to athletic.net by April 7<sup>th</sup> at 1 pm.**
- **Substitutions can be made the day of the meet.**
- **Enter these athletes in athletic.net, using the JV selection. If you think they may run, enter them, it is easier to scratch them, than it is to add them to the system.**

**A limited # of commemorative t-shirts will be available for purchase. (\$15)**

**We would appreciate any help you or your athletes could give us with the hurdles.**

**Send checks to Dakota HS, 21051 21 Mile Road, Macomb MI 48044 c/o Mike Timpa**

**Cost: Boys or Girls Team**

**\$125 paid to Dakota HS Track & Field**

**Both Teams**

**\$250 paid to Dakota HS Track & Field**

**Individuals**

**\$15 per athlete**

**Contact: Mike Timpa at [mtimpa@cvs.k12.mi.us](mailto:mtimpa@cvs.k12.mi.us) or 586.723.2951 or  
Dakota Athletics at 586.723.2800**

**DAKOTA HIGH SCHOOL ATHLETICS**

This document constitutes an agreement to participate in the following event.

# SPRING BREAK CLASSIC

At Dakota High School 21051 21 Mile Road, Macomb MI 48044

## TRACK & FIELD CONTRACT / PAYMENT

ENTRY FEE FOR FRIDAY APRIL 9, 2021 SPRING BREAK CLASSIC:

- \_\_\_: ONE TEAM = \$125
- \_\_\_: BOYS & GIRLS TEAMS = \$250
- \_\_\_: INDIVIDUAL ATHLETE = \$15 EACH

**Total Payment:** \_\_\_\_\_

Please forward this sheet to the school's athletic director for payment.

**School:** \_\_\_\_\_ **Athletic Director** \_\_\_\_\_

**Men's Head Coach:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Men's Head Coach: Email address:** \_\_\_\_\_

**Women's Head Coach:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Women's Head Coach's Email address:** \_\_\_\_\_

Make Checks payable to Dakota High School Track & Field

Mail Checks to: **Dakota High School**  
**c/o Mike Timpa, Head Coach**  
**21051 21 Mile Road**  
**Macomb, MI 48044**

Final information about the meet will be emailed prior to the meet. Most information about the meet can also be found on athletic.net

# Spring Break Classic Meet Records –Girls

Updated 4/16/19

4x800m	Marian Siver 9 (2:33), Vanneste 10 (2:38), Agrusso 9 (2:39), Prezzato 9 (2:42)		10:25.50	2019
100m Hurdles	Erin Rajter 10	Stevenson	16.26	2009
100m	Angelica Floyd 10	Chippewa Valley	12.83	2015
4x200m	Grosse Pointe North (Boles, Thomas, Mathis, Simmons)		1:55.46	2016
1600m	Lauren Sickmiller 10	Grosse Pointe North	5:32.15	2016
4x100m	Davison (Dirkse, Arnes, Roach, Wilson)		53.79	2019
400m	Sydney Benson 10	Grosse Pointe North	59.46	2014
300m Hurdles	Sara Moen 10	Lakeview	49.54	2011
800m	Izabella Gowen 9	Dakota	2:31.73	2016
200m	Bri Jackson 9	Oxford	26.31	2011
3200m	Maya Harb 10	Marian	12:03.11	2019
4x400m	Marian Siver 9 (66.3), Prezzato 9 (67.0), Vanneste 10 (71.0), Agrusso 9 (65.2)		4:29.67	2019
Discus	Janan Khalil 10	Dakota	106' 4"	2019
High Jump	Erin Rajter 10	Stevenson	5' 1"	2009
Long Jump	Erika Young 10	Mt. Clemens	16' 4"	2009
Shot Put	Lizzy Maniaci 10	Chippewa Valley	33' 0"	2014
Pole Vault	Jacqueline Williams 10	Lakeview	9' 0"	2009

# Spring Break Classic Meet Records –Boys

Updated 4/16/19

4x800m	Catholic Central (Felty 10, Hobson 10, McLaren 10, Smith 10)		8:57.2	2014
100m Hurdles	Jevin Williams 9	Harper Woods Chandler Park	16.23	2017
100m	Hunter Harris 10	Detroit Loyola	11.26	2015
4x200m	Dakota (Aguila 10, Gales 10, Fowler 10, Collier 10)		1:37.18	2014
1600m	Preston Navarre 10	Grosse Pointe North	4:37.49	2019
4x100m	Dakota (Sloan 10, Kelley 10, Rivers 10, Walker 10)		46.54	2016
400m	Jordan Davison 10	Grosse Pointe North	53.17	2014
300m Hurdles	Allen Stritzinger 9	De La Salle	43.86	2014
800m	Carson Nicoletti 10	Utica	2:06.46	2019
200m	Hunter Harris 10	Detroit Loyola	23.36	2015
3200m	Connor Sickmiller 10	Grosse Pointe North	10:19.84	2014
4x400m	Grosse Pointe North (Kolp 10, Brady 10, Butler 10, Davison 10)		3:45.40	2014
Discus	Tyler Bates 10	Erie Mason	136' 9"	2019
High Jump	Zachary Webb 10	Dakota	6' 3"	2019
Long Jump	Zach Stadnika 10	Lutheran North	20' 7.5"	2014
Shot Put	Tyler Bates 10	Erie Mason	49' 4.5"	2019
Pole Vault	Cody Morgan 10	Dakota	12' 0"	2009

**Teams entered as of 3-25-21**

Davison	Boys	Girls			
Detroit Catholic Central	Boys				
Grosse Pointe North	Boys	Girls			
Hazel Park	Boys	Girls			
Macomb Dakota	Boys	Girls			
Macomb Lutheran North	Boys	Girls			
Oxford	Boys	Girls			
Utica Eisenhower	Boys	Girls			
Warren De LaSalle	Boys				
	9	+ 7	=	16	