

**DAKOTA HIGH SCHOOL
SPRING BREAK CLASSIC
FRESHMAN-SOPHOMORE INVITATIONAL**



Date: Saturday, April 8, 2023

Location: Dakota High School Stadium, 21051 21 Mile Road, Macomb, MI 48044

Medals: Top 8 Individuals & Top 2 Relays, distributed at the end of the meet.

No team scores **All 9th and 10th grade athletes are eligible to compete. **

Admission: \$5 per person using GOFAN -No cash (12 & under are free)

11:15 Scratches/Substitutions Due

11:30 Coaches Meeting

12:00 Field Events Begin:

Pole Vault (Boys 1st) 7' 0" / 5' 0"

High Jump (Girls 1st) 3'10" / 4'10"

Discus (Boys 1st) -- 4 Throws-No Finals

Shot Put (Girls 1st) -- 4 Throws-No Finals

Long Jump (Open Order) -- 4 Jumps-No Finals

12:30 (Girls 1st in all running events)

2K Steeplechase (30")

4 x 800m Relay

High Hurdles 30"/36"

100m Dash

4 x 200m Relay

1600m Run

4 x 100m Relay

400m Dash

800m Run

200m Hurdles 30"/33"

200m Dash

3200m Run

4 x 400m Relay

- You may enter 3 individuals in each event and 2 relays per school.
- JV heats will be run in all races if there are contestants. You may also have JV athletes in the field events. They will not be able to medal from these heats.
- **Entries must be submitted to athletic.net by April 7th at 1 pm.**
- Substitutions can be made the day of the meet.
- **Enter these athletes in athletic.net, using the JV selection. If you think they may run, enter them, it is easier to scratch them, than it is to add them to the system.**

A limited # of commemorative t-shirts will be available for purchase. \$20- No Cash

Send checks to Dakota HS, 21051 21 Mile Road, Macomb MI 48044 c/o Mike Timpa

Cost: Boys or Girls Team

\$150 paid to Dakota HS Track & Field

Both Teams

\$300 paid to Dakota HS Track & Field

Individuals

\$20 per athlete

**Contact: Mike Timpa at mtimpa@cvs.k12.mi.us or 586.723.2951 or
Dakota Athletics at 586.723.2800**

Spring Break Classic Meet Records –Girls

Updated 4/9/22

4x800m	Marian Siver 9 (2:33), Vanneste 10 (2:38), Agrusso 9 (2:39), Prezzato 9 (2:42)		10:25.50	2019
100m Hurdles	Erin Rajter 10	Stevenson	16.26	2009
100m	Angelica Floyd 10	Chippewa Valley	12.83	2015
4x200m	Grosse Pointe North (Boles, Thomas, Mathis, Simmons)		1:55.46	2016
1600m	Lauren Sickmiller 10	Grosse Pointe North	5:32.15	2016
4x100m	Davison (Dirkse, Arnes, Roach, Wilson)		53.79	2019
400m	Sydney Benson 10	Grosse Pointe North	59.46	2014
300m Hurdles	Sara Moen 10	Lakeview	49.54	2011
800m	Izabella Gowen 9	Dakota	2:31.73	2016
200m	Bri Jackson 9	Oxford	26.31	2011
3200m	Mallory Bigelow 9	Oxford	11:44.75	2022
4x400m	Marian Siver 9 (66.3), Prezzato 9 (67.0), Vanneste 10 (71.0), Agrusso 9 (65.2)		4:29.67	2019
Discus	Janan Khalil 10	Dakota	106' 4"	2019
High Jump	Angelina Isakov 10	Dakoa	5' 2"	2021
Long Jump	Erika Young 10	Mt. Clemens	16' 4"	2009
Shot Put	Lizzy Maniaci 10	Chippewa Valley	33' 0"	2014
Pole Vault	Jacqueline Williams 10	Lakeview	9' 0"	2009

Spring Break Classic Meet Records –Boys

Updated 4/9/22

4x800m	Catholic Central (Feltz 10, Hobson 10, McLaren 10, Smith 10)		8:57.2	2014
100m Hurdles	Jevin Williams 9	Harper Woods Chandler Park	16.23	2017
100m	Hunter Harris 10	Detroit Loyola	11.26	2015
4x200m	Dakota (Aguila 10, Gales 10, Fowler 10, Collier 10)		1:37.18	2014
1600m	Preston Navarre 10	Grosse Pointe North	4:37.49	2019
4x100m	Dakota (Sloan 10, Kelley 10, Rivers 10, Walker 10)		46.54	2016
400m	Jordan Davison 10	Grosse Pointe North	53.17	2014
300m Hurdles	Allen Stritzinger 9	De La Salle	43.86	2014
800m	Carson Nicoletti 10	Utica	2:06.46	2019
200m	Hunter Harris 10	Detroit Loyola	23.36	2015
3200m	Connor Sickmiller 10	Grosse Pointe North	10:19.84	2014
4x400m	Grosse Pointe North (Kolp 10, Brady 10, Butler 10, Davison 10)		3:45.40	2014
Discus	Tyler Bates 10	Erie Mason	136' 9"	2019
High Jump	Zachary Webb 10	Dakota	6' 3"	2019
Long Jump	Zach Stadnika 10	Lutheran North	20' 7.5"	2014
Shot Put	Tyler Bates 10	Erie Mason	49' 4.5"	2019
Pole Vault	Cody Morgan 10	Dakota	12' 0"	2009