

2019 M.H.S.A.A. Region 10-01 Track & Field Championship

Meet Records

Event	Record	Year of Record	Boy's Record Holder
3200m Relay	7:56.40	2007	Mumford
High Hurdles	:13.70	2002	Kenneth Ferguson - Mumford
100m Dash	:10.50	2004	Marcus Thigpen - Mumford
800m Relay	1:28.00	2004	Mumford: Darien Lewis, Marcus Thigpen, Keith Hewlett, Andrew Hollie
1600m Run	4:13.70	2009	Mike Atchoo - Troy
400m Relay	:42.86	2016	Dakota: Ronye Walker, Edward Alfred Jr, Jordin Fowler, De'Shon Collie
400m Dash	:49.35	2015	Mallek Lott – L'Anse Creuse
300m Hurdles	:37.77	2013	Freddi Crittenden - Utica
800m Run	1:54.60	1999	Jiles Brandon - Mumford
200m Dash	:21.93	2018	Jeron Kelly - Dakota
3200m Run	9:23.80	2009	Ben Miller - Warren DeLaSalle
1600m Relay	3:18.50	1999	Mumford: Johnnie Birdsong, Juan Bowles, James Conner, Brandon Jiles
Shot Put	59'04.50"	1999	Brian Ottney - Troy
Discus	175'11.00"	2013	Brian Williams - Fraser
Long Jump	22'07.00"	2013	Adrian Hulaj - Chippewa Valley
High Jump	6'08.00"	2004	Joe Dugall - Chippewa Valley
Pole Vault	15'00"	2017	Cale Snyder – Dakota

Event	Record	Year of Record	Girl's Record Holder
3200m Relay	9:33.42	2018	Troy: Lauren Fulcher, Hannah Palomino, Meghan Monaghan, Megan Worrel
High Hurdles	:14.40	2001	Lela Nelson - Mumford
100m Dash	:11.30	2007	Shayla Mahan - Mumford
800m Relay	1:40.40	2005	Mumford: Shayla Mahn, Jasmin Webb, Chanell Wright, Jessica Jones
1600m Run	5:01.23	2015	Rachel Bonner – Port Huron
400m Relay	:47.90	2005	Mumford: Stephanie Porter, Channel Wright, Dana Hill, Shayla Mahan
400m Dash	:56.03	2013	Lauren Burnett - Dakota
300m Hurdles	:44.99	2018	Lauren Fulcher - Troy
800m Run	2:14.05	2018	Megan Worrel – Troy
200m Dash	:23.80	2007	Shayla Mahan - Mumford
3200m Run	10:57.47	2016	Kareena Duffey - L'Anse Creuse North
1600m Relay	3:56.20	2004	Mumford: Sarda Grace, Shana Vinson, Ladonna Carey, Jessica Jones
Shot Put	44'01.00"	2008	Joy Rolfe - Fraser
Discus	135'09.00"	2014	Jae'vyn Wortham - L'anse Creuse
Long Jump	17'08.00"	2006	Tanish Johnson - Dakota
High Jump	5'08.00"	2014	Jailah Mason – Stevenson
Pole Vault	13'09.00"	2015	Mackenzie Shell – Port Huron Northern