

(Dual meets)

(Boys first in 2016)

4:00 PM 4 x 800m Relay

100m(33")Hurdles / 110m (39")Hurdles

100m Dash

4 x 200m Relay

1600m Run

4 x 100m Relay

400m Dash



300m Low(30")Hurdles / 300m Intermediate (36") Hurdles

800m Run

200m Dash

3200m Run

4 x 400m Relay

## Field Events

3:45 PM High Jump (Boys first)

Shot Put (Boys first)

Pole Vault (Girls first)

Discus (Girls first)

Long Jump (Open order)