

2016 Macomb Daily Meet of Champions

Time Schedule

3:30pm Discus and Shot Weight-In

3:30pm Coaches Meeting

3:30pm Field Events Prelims: Women's Shot Put - 3 Attempts
Men's Discus - 3 Attempts
Men's Long Jump –
(60 Minute Open Order - 3 Attempts)

4:00pm Boys & Girls Pole Vault
Girls & Boys High Jump

In the Field Events: The opposite gender will follow as soon as possible after the completion the finals of the first gender are completed.

In Shot Put, Discus and Long Jump: The top 9 from prelims will advance to finals which will immediately follow the prelims.

4:30pm Qualifying:
100m Dash
High Hurdles
200m Dash

5:00pm 4 X 800 Meter Relay Final

6:00 pm Finals:
High Hurdles
100 Meter Dash
4 X 200 Meter Relay
1600 Meter Run
4 X 100 Meter Relay
400 Meter Dash
300 Meter Hurdles
800 Meter Run
200 Meter Dash
3200 Meter Run
4 X 400 Meter Relay

Presentation of Trophies