

# JUNIOR VARSITY MAC-COUNTY CHAMPIONSHIPS



Date: Wednesday May 14, 2025

Location: Dakota High School Stadium, 21051 21 Mile Road, Macomb, MI 48044

Medals: Top 8 Individuals & Top 2 Relays, distributed at the end of the meet.

Team Awards: Trophy for the Top Division 1 and Division 2-3-4 teams

Admission: \$6 No Cash, GoFan <https://gofan.co/>

**\*\*Any athlete not competing in the Regionals or Varsity league meet are eligible.\*\***

3:30 Scratches/Substitutions Due

3:30 Coaches Meeting

4:00 Field Events Begin:

Pole Vault (Boys 1<sup>st</sup>) 5' 0" / 7' 0"

High Jump (Girls 1<sup>st</sup>) 4'9" / 3'9"

Discus (Boys 1<sup>st</sup>) 4 throws no finals

Shot Put (Girls 1<sup>st</sup>) 4 throws No finals

Long Jump (Boys 1<sup>st</sup>) 4 jumps No finals

4:00 5000m (Coaches keep laps splits)

High Hurdles (Timed Finals)

100m Dash (Timed Finals)

4 x 200m Relay

1600m Run

4 x 100m Relay

400m Dash

Low Hurdles

800m Run

200m Dash

2K Steeple Chase (30"/36")

4 x 400m Relay

- You may enter 3 individuals in each event and 1 relay per school.
- Entries must be submitted to athletic.net by **Tuesday May 13<sup>th</sup> by 9 pm**. This should eliminate the need for substitutions/scratches.
- Substitutions/scratches can however be made on the day of the event.

A limited # of commemorative t-shirts will be available for purchase. (\$25)

We would appreciate any help you or your athletes could give us with the hurdles.

Send checks to Dakota HS, 21051 21 Mile Road, Macomb MI 48044 c/o Mike Timpa

Cost: Boys or Girls Team

\$150 paid to Dakota HS Track & Field

Both Teams

\$300 paid to Dakota HS Track & Field

Individuals

\$20 per athlete

Contact: Mike Timpa at [mtimpa@cvs.k12.mi.us](mailto:mtimpa@cvs.k12.mi.us) or 586.723.2951 or  
Dakota Athletics at 586.723.2800

**DAKOTA HIGH SCHOOL ATHLETICS**

This document constitutes an agreement to participate in the following event.

# JV MAC-COUNTY

At Dakota High School 21051 21 Mile Road, Macomb MI 48044

## TRACK & FIELD CONTRACT / PAYMENT

ENTRY FEE FOR Tuesday May 14, 2025 JV MAC-COUNTY CHAMPIONSHIPS:

- \_\_\_: ONE TEAM = \$150
- \_\_\_: BOYS & GIRLS TEAMS = \$300
- \_\_\_: INDIVIDUAL ATHLETE = \$20 EACH

**Total Payment:** \_\_\_\_\_

Please forward this sheet to the school's athletic director for payment.

**School:** \_\_\_\_\_ **Athletic Director** \_\_\_\_\_

**Men's Head Coach:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Men's Head Coach: Email address:** \_\_\_\_\_

**Women's Head Coach:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Women's Head Coach's Email address:** \_\_\_\_\_

Make Checks payable to Dakota High School Track & Field

Mail Checks to: **Dakota High School**  
**c/o Mike Timpa, Head Coach**  
**21051 21 Mile Road**  
**Macomb, MI 48044**

Final information about the meet will be emailed prior to the meet. Most information about the meet can also be found on athletic.net

# JV-MAC County Meet Records –Girls

Updated 5/21/24

## FIELD

Discus	Gianah Krok-9	Dakota	95' 10"	2019
High Jump	Lauren Schlackman-10	Dakota	4' 10"	2019
Long Jump	Zhenya Knowlin-10	Anchor Bay	14' 7.5"	2023
Shot Put	Maygan Stramer-9	Dakota	29' 7"	2021
Pole Vault	Stefanie St. Pierre-10	Dakota	8' 3"	2019

## TRACK

5000m	Ryann Smitka-9	Dakota	21:23.52	2023
100m Hurdles	Alonjanae Malone-9	Chippewa Valley	17.12	2019
100m	Mia Madison-11	Warren Mott	13.35	2024
4x200m	Dakota (Serenity Fulford-10, Kaliah Chau-10, Allison Zoli-9, Camryn Ash-11)		1:56.34	2023
1600m	Mylene Pham-10	Dakota	5:46.69	2023
4x100m	Warren Mott (Mackenzie Burzych-10, Summer Richmond-11, Ayana Pitts-11, Clair Taylor-10)		53.40	2024
400m	Leajah Ferguson-10	Warren Mott	1:06.19	2024
300m Hurdles	Taea Dalglish-9	Anchor Bay	53.38	2019
800m	Corey Cojocar-9	Dakota	2:37.91	2024
200m	Camryn Ash-12	Dakota	27.66	2024
2K Steeple Chase (30")	McKenna Goike-12	Dakota	8:09.87	2023
4x400m	Chippewa Valley (Ashley MacPherson-11, Clair Burcicki-11, Vivian Damm-9, Hannah Cilluffo-10)		4:39.04	2023

# JV-MAC County Meet Records –Boys

Updated 5/21/24

## FIELD

Discus	Dylan Weaver-10	Warren DeLaSalle	129' 5"	2019
High Jump	Jonathan Carter-11	Utica	5' 10"	2024
Long Jump	Jonathan Carter-11	Utica	20' 2"	2024
Shot Put	Anthony Presnell-10	DeLaSalle	41' 3"	2023
Pole Vault	Jamie Leinhes-9	Utica	10' 0"	2021

## TRACK

5000m	Ryan Hall-11	Utica	17:54.0	2022
100m Hurdles	Tommy Milanov-10	Warren Mott	16.84	2019
100m	James Duke-12	Chippewa Valley	11.70	2023
4x200m	Chippewa Valley (Shane Elston-10, Joshua Chjandler-10, Ricky Evans-12, Joshua Conner-10)		1:35.32	2024
1600m	Cameron Stermer-11	Dakota	4:53.41	2019
4x100m	Chippewa Valley (Shane Elston-10, Ennis Carter-10, Ricky Evans-12, Evan Carter-11)		46.02	2024
400m	Jeremy Matzinger-11	Dakota	54.77	2019
300m Hurdles	Jaiden Whaley-10	Warren Mott	42.36	2024
800m	Jonathan Carter-11	Utica	2:11.94	2024
200m	Joshua Conner-10	Chippewa Valley	23.21	2024
2K Steeple Chase (36")	Joseph Nowicki-9	Eisenhower	7:21.19	2024
2K Steeple Chase (30")	Matthew Jenkins-11	Utica	6:58.69	2023
4x400m	Utica (Danny Boyd-12, Thomas Schoenherr-10, Aaron paul-9, Joey Noll-9)		3:48.04	2024

# TEAM CHAMPIONS

Year	Men's D1	Men's D 2-3-4	Women's D1	Women's D 2-3-4
2019	Dakota	Lutheran North	Dakota	Lutheran North
2020	----- <del>covid-19</del> -----			
2021	Dakota	Lutheran North	Dakota	Warren Regina
2022	Dakota	Lutheran North	Warren Mott	Lutheran North
2023	Dakota	Lutheran North	Dakota	Lutheran North
2024	Utica	Lutheran North	Dakota	Lutheran North

