

Dakota Girls Track & Field Awards History

Most Points

1996	Tracy Shamaly	1998	n/a
1997	Lisa Mazzola	1999	n/a

MVP

2000	Erin Miller-11		Jenni Culbertson-12
2001	Marija Durakovich-12		Heather Johnston-12
	Erin Miller-12	2004	Jenny Buczek-12
2002	Melissa Dunn-12	2005	Tanisha Johnson-11
	Monica Dunn-12		Lisa Laperriere-10
	Rachel Wells-12	2006	Tanisha Johnson-12
2003	Jacqui Culbertson-11		

Tanisha Johnson MVP

2007	Megan Felcyn-11	2010	Emily Kujawski-12
	Jessica Pizzini-10	2011	Lauren Burnett-10
2008	Stephanie Cuniberti-10		Jennifer Schornak-12
	Megan Felcyn-12	2012	Lauren Burnett-11
2009	Emily Kujawski-11	2013	Lauren Burnett-12
	Chelsea Piper-12		

Johnson-Burnett MVP

2014	Kayla Dobies-10	2018	Emily Droski-12
2015	Kayla Dobies-11		Jessica Bennett-9
2016	Kayla Dobies-12	2019	Savannah McLauchlan-12
	Alexis Penzien-12	2021	Jayden Harberts-9
2017	Emily Droski-11	2022	Jayden Harberts-10
	McKenna Wojcicki-10		

Most Improved

2000	Marija Durakovich-11	2011	Brittney Cross-10
2001	Rachel Wells-11	2012	Rachal Pugh-11
2002	Jennifer Culbertson-11	2013	Jillian Flint-11
2003	Jackie Braun-12	2014	Lynn Blevins-11
2004	Jessica Lobaido-10		Mary Moore-11
	Monique White-10	2015	Alexis Penzien-11
2005	Angie Giordimaina-12	2016	Emily Droski-10
	Shannon Murray-11		Ally Slone-11
2006	Alyssa Magnotte-10	2017	Savannah McLauchlan
2007	Sara Snider-12	2018	Angie Zefi-11
2008	Megan Pittoors-12	2019	Janan Khalil-10
2009	Sarah Ball-11	2021	Gabby Jones-11
2010	Kathryn Ugorowski-10	2022	Mariya Howard-10

Lindsey Fisher Stitch Award

2003	Michelle Newton-11	2008	Rebecca Fett-10
2004	Danielle Vandine-12		Katie Madinsky-11
2005	Lisa Laperriere-10	2009	none
2006	none	2010	Jennifer Schornak-11
2007	Sara Snider-12	2011	Laura Fett-12
	Gwen Scruggs-10	2018	Haley Moore-11

4-Year State Qualifier Award

2009 Kelsey Hinz
2013 Lauren Burnett
2013 Christina Micale

2014 Marah Pugh
2016 Kayla Dobies

Kayla Dobies runs at
Dakota in the
2016 MAC RED Division
Championship meet on
May 24th



Spirit & Loyalty

2001 Lindsey Fisher-11
2002 Jessica Maschinski-10
2003 Jenny Buczek-11
2004 Tanisha Johnson-10
2005 Jessica Lobaido-11
2006 Tanisha Johnson-12
2007 Kelsey Hinz-10

2008 none
2009 Laura Fett-10
2010 Laura Fett-11
2011 Christina Micale-10
2012 Christina Micale-11
2013 Christina Micale-12

Christina Micale Spirit & Loyalty Award

2014 Jillian Flint-12
2015 Kellie Hoehing-12
2016 Alexis Penzien-12
2017 Hannah Faustyn-10

2018 Hannah Faustyn-11
2019 Jenna Kelly-11
2021 Katelyn Slone-12
2022 Celia Sikowski-11

Extreme Istok Award

2003 Lori VanSlembrouck-9
2004 Kristen Miles-9
2005 Kellyn Jackson-11
2006 Kim Wilson-12
2007 none
2008 Kristin Korycinski-11
2009 Jennifer Schornak-10
2010 Adrienne Thomas-12
Jennifer Schornak-11
2011 Jennifer Schornak-12

2012 Lindsey Bartz-11
2013 Keonna Belyue-11
2014 Alexis Penzien-10
2015 Alexis Penzien-11
2016 Alexis Penzien-12
2017 Hailey Servidio-10
2018 Kaylee Koch-11
2019 Shannon Blaszkowski-11
2021 Mia Dagati-11
2022 Julia Timpa-9

Cub Award

2000	Jennifer Culbertson-9		Christina Micale-9
2001	Jenny Buczek-9	2011	Jillian Flint-9
2002	Amanda Fader-9		Marah Pugh-9
	Ashley Junga-9	2012	Alexandra Saucedo-9
2003	Olivia Dunn-9		Kellie Hoehing-9
	Tanisha Johnson-9	2013	Kayla Dobies-9
	Jessica Lobaido-9		Brina Serafino-9
2004	Andrea de la Garza-9	2014	Natalie Bobowski-9
	Lisa Laperriere-9	2015	Emily Droski-9
2005	Megan Felcyn-9		Natalie Viggiano-9
	Alexis Zmudczynski-9	2016	Kamry Smith-12
2006	Janell Herrick-9		Kiara Hill-9
	Kelsey Hinz-9	2017	Kaylee Koch-10
2007	Shantelle Herring-10	2018	Emma Myziuk-9
2008	Hannah Pugh-9		Janan Khalil-9
	Ashley Thomas-10	2019	Chelsea Harvey-9
2009	Emily Kujawski-11	2021	Danielle Modock-10
	Kathryn Ugorowski-9		Angelina Isakov-10
2010	Lauren Burnett-9	2022	Sydney Timpa-9

Most Outstanding Performance

2004	Lisa Laperriere-9		Lindsey Bartz-12
2005	Tanisha Johnson-11	2014	4x400m Relay Team (VanDeVelde, Bobowski, Flint, Dobies)
2006	Tanisha Johnson-12	2015	Kayla Dobies-11
2007	Megan Felcyn-11	2016	Kayla Dobies-12
2008	Kelsey Hinz-11	2017	Brenna Butkovich-11
	Jessica Pizzini-11	2018	4x400m Relay Team (Bennett, Hempel, Wojcicki, Louie-Cameron)
2009	Kelsey Hinz-12	2019	McKenna Wojcicki-12
2010	Jennifer Schornak-11	2021	Janan Khalil-12
2011	Jennifer Schornak-12	2022	Gabby Jones-12
2012	Lauren Burentt-11		
2013	Lauren Burnett-12		



Jennifer Schornak breaks her own school record and becomes the school's 1st Individual State Champion (2011).

I Brush My Teeth With Sand Award

2009	Ashley Thomas-11	2016	Kiara Hill-9
2010	Khey Carter-Berry-9	2022	Sydney Timpa-9
2011	Adrienne Thomas-12		

Veteran Award

2004	Jenny Buczek Jacqui Culbertson Jessica Maschinski Michelle Newton Danielle Vandine	2013	Lindsey Bartz Lauren Burnett Shawntes' Gayden Katie Gross Christina Micale Amanda Sidebottom		Jordan Demrose Emily Droski Elizabeth Gray Chloe Hadden Brianna Schenk
2005	none		Kaitlin Singer	2019	Zyair Clark Brenna Fauer
2006	Tanisha Johnson Jessica Lobaido Shannon Murray Monique White	2014	Julia Astromovich Katelyn Daly Jillian Flint Marah Pugh Madi Ridella Haley Sand Taylor Slivik Sarah Szymanski Stephanie Waterstraat		Hannah Faustyn Payton Garbarino Izabella Gowen Autumn Majestic Savannah McLauchlan McKenna Wojcicki Angie Zefi
2007	none		Lynn Blevins Kellie Hoehing Mary Moore Sarah Verellen Jailynn Winbush	2021	Nicole Campbell Allison Ferguson Ella Garbarino Janan Khalil Emma Mathers Emma Myziuk Kelly Parker Lauren Schlackman Katelyn Slone Stefanie St. Pierre Michelle Teremi Britney Ung Jennifer Zaprawa
2008	Megan Felcyn Sarah Kulman Alyssa Magnotte Krysten Neate Megan Pittoors Haley Sanders	2015	Dorothy Bradford Dominique Brzegowski Kayla Dobies Shelbie Eastman Taylor Haugen Monica Micale Destinee Modock	2022	Mia Dagati Chelsea Harvey Gabrielle Jones Gianah Krok Kimberly Martin Emma Payne
2009	Janell Herrick Kelsey Hinz Katie Madinsky Chelsea Piper Jessica Pizzini Nicole Provencher Gwen Scruggs	2016	Alexis Penzien Mariah Rivers Alexis Stillwell		
2010	Sarah Ball Stephanie Cuniberti Rebecca Fett Lauren Doherty	2017	Donnicia Knott Allyson Slone		
2011	Laura Fett Shawna Maeder Kohrman Hannah Pugh	2018	Taiyana Battiste Lauren Campbell		
2012	Hannah Scruggs Kathryn Ugorowski Jillian White				

8 Season Track & Field / Cross Country Veterans

2008	Krysten Neate	2021	Nicole Campbell
2016	Kayla Dobies Monica Micale		Allison Ferguson Ella Garbarino Emma Myziuk Kelly Parker Katelyn Slone Stefanie St. Pierre Britney Ung
2017	Allyson Slone		
2018	Elizabeth Gray		
2019	Brenna Fauer Hannah Faustyn Payton Garbarino Izabella Gowen		

Take a Bite out of Track Award

2003	Jenny Buczek-11 Jessica Dunn-11 Iman Elgammal-11	Shawntes' Gayden-12 Alecia Ratiu-King-12 Cassie Rymas-9
2004	Samantha Adams-9 Jenny Buczek-12 Ashley Junga-11 Shannon Murray-10	Taylor Slivik-11 Sarah Szymanski-11
2005	Emily Marriott-10	2014 Angelica Medina-10
2006	Megan Kulman	2015 Kayla Dobies-12
2007	Sara Snider-12	2016 Genna Harrell-9 Kayla Rhein-9 Kamry Smith-12 Lindsay Teets-12
2008	Hannah Ratliff-9 Laura Fett-9 Shawna Maeder-9 Stephanie Cuniberti-10	2017 Alexa Hempel-9 Kayla Rhein-10 Tori Smitley-11 Savannah McLaughlan-10
2009	Katelyn Allinder-9 Sara Baguzis-10 Jennifer Schornak-10	2018 Savannah McLaughlan-11 Kelly Parker-9 Jenna O'Bryan-9 Brenna Butkovich-12
2010	Sophie Kohrman-11	2019 Cassidy Gomes-9 Mia Dagati-9
2011	Nicole Pittoors-10 Laura Fett-12 Marissa Madynski-9 Sara Baguzis-12 Samantha Schram-9 Jillian Flint-9	2021 Ava Thomas-9 Chelsea Harvey-11 Angelina Isakov-10 Britney Ung-12
2012	Jillian Blackwell-10 Sarah Verellen-9 Kellie Hoehing-9	2022 Zoë Morris-12 Gabby Jones-12 Emma Payne-12
2013	Taylor Dailey-10 Shelbie Eastman-9	



2021 REGIONAL CHAMPIONS

Coaches' Award

2003	Danielle Vandine-11	Brianna Schenk-10	
2004	Angie Giordimaina-11	India Vela-9	
2005	Andrea de la Garza-10	Sheila Payne-10	
	Monique White-11	Lauren Adler-12	
2006	Shannon Murray-12	Jordan Demrose-10	
	Chelsea Piper-9	2017	Sheila Payne-11
	Jessica Pizzini-9	India Vela-10	
2007	Janell Herrick-10	Brianna Schenk-11	
	Andrea Knudson-10	Rylie Yager-10	
	LaQwana Dockery-9	Lauren Campbell-11	
	Stephanie Cuniberti-9	Cristina Reo-11	
2008	Sarah Ball-10	Jada Tullos-9	
2009	Sarah Ball-11	Haley Moore-10	
	Stephanie Cuniberti-11	Samiah Banks-Oliver-10	
	Jessica Pizzini-12	2018	Autumn Majestic-11
2010	Sarah Ball-12	Shannon Blaszkowski-10	
	Stephanie Cuniberti-12	Majesty Coleman-10	
	Hannah Pugh-11	Katie Slone-9	
	Jillian White-10	Savannah McLauchan-11	
2011	Jillian White-11	Lauren Schlackman-9	
	Lindsey Bartz-10	Jada Tullos-10	
	Reily Malczewski-9	Rachel Patterson-11	
	Dayle Micale-12	Brianna Schenk-12	
	Shannon Trajkovski-9	Zyair Clark-11	
2012	Jillian Flint-10	2019	Shannon Blaszkowski-11
	Olivia Ziemba-9	Zyair Clark-12	
	Mary Moore-9	Alexa Hempel-11	
	Christina Micale-11	Gabrielle Jones-9	
	Katelyn Daly-10	Kaylee Koch-12	
	Rachel Pepe-9	Autumn Majestic-12	
	Sarah Szymanski-10	Emma Payne-9	
2013	Alexis Penzien-9	Lauren Schlackman-10	
	Alex Saucedo-10	2021	Chelsea Harvey-11
	Kaitlin Singer-12	Lindsay Harvey-10	
	Marisa Weller-9	Emma Myziuk-12	
	Olivia Ziemba-10	Mariah Belmont-9	
2014	Alexis Penzien-10	Celia Sikowski-10	
	Mary Moore-11	Emma Payne-11	
	Rebecca Schwandt-10	Mariya Howard-9	
	Monica Micale-10	Mia Dagait-11	
	Jordyn VanDeVelde-10	Gianah Krok-11	
	Shelbie Eastman-10	Lauren Schlackman-12	
2015	Alexis Penzien-11	2022	Mia Dagati-12
	Mary Moore-12		Edna Haskic-9
	Monica Micale-11		Emma Payne-12
	Jordyn VanDeVelde-11		El Auria Atienza-11
	Linn Olsen-12		Tori Trumper-10
	Natalie Bobowski-10		Madison McPeek-9
2016	Natalie Bobowski-11		Genevieve Crowther-10
	Liz Gray-10		Mariah Belmont-10
	Izabella Gowen-9		

Dakota Boys & Girls Track & Field Awards History

Cougar Award

2000 Shannon Gmerick	2007 Scott Fowler
2001 Marija Durakovich	2008 Steve Korycinski
2002 Rachel Wells	2009 Gwen Scruggs
2003 Jenni Culbertson	2010 Emily Kujawski
2004 Jeff Green	2011 Hannah Pugh
2005 Alyssa Reeves	2012 Hannah Scruggs
2006 Jessica Lobaido	

Starting in the 2013 season it was decided by the coaching staff to give one award to each the boys and girls team. This was due to the number and the quality of student-athletes in each program.

2013 Christina Micale	Alex Fauer
2014 Sarah Szymanski	Jacob Bonacorsi
2015 Kellie Hoehing	Jacob Kalahar
2016 Kayla Dobies	James Hoefler
2017 Allyson Slone	Mitchell MacDonald
2018 Elizabeth Gray	Andrew Astromovich
2019 Hannah Faustyn	Joseph Jaster
2021 Katelyn Slone	Alfonso Mocerri
2022 Chelsea Harvey	Casey Carr

Sam Timpa Track & Field Scholarship winners

2022	Alex Dabrowki	Chelsea Harvey
2019	Ethan Soave	Brenna Fauer
2018	Dawson Sloan-MSU	Colin Swanson-Wheaton
2017	Joshua Jaster-Tiffin	Cale Snyder-Washburn
2016	Monica Micale-MSU	Adam Majestic-MSU
2015	Ian Demrose-Hope College	Kellie Hoehing-CMU
2014	Jacob Bonacorsi-Oakland	Sarah Szymanski-MCC
2013	Christina Micale-SVSU	---
2012	n/a	



THANKS FOR A MEMORABLE SEASON!
Let's Keep the streak Alive in 2023!
GO COUGARS!!