



Dakota Cougars Track & Field Invitational 2007

Boys Results

Shot Put

1	Josh Georgen	DHS	48' 9"
2	Phil Lewis	GPS	48' 6"
3	Kendal Wilkinson	DLS	48' 1"
4	Matt Wilkinson	DLS	47' 2"
5	Adam Gorring	WAY	46' 6"
6	Mark Abdo	IKE	45' 4.5"
7	Darell Rich	CL	45' 0"
8	Jake Doan	DHS	44' 11"
9	Vernon Bryan	WAY	44' 5.5"
10	Ron Lewis	AB	43' 0.25"
11	Chris Boelke	CL	41' 11"
12	Austin Ditzhazy	GPN	41' 8.5"
13	Chris Osbourne	FRA	41' 7.5"
14	Jack Raymond	DHS	41' 7.5"
15	Matt Rafferty	WM	40' 11"
16	Paul Stergiadis	GPS	40' 4.5"
17	Montrelle Jackson	LCN	40' 2"
18	Chad Henderson	AB	40' 1"
19	Matt Zeleney	WM	39' 7"
20	Alex Clark	LCN	39' 5"
21	Joe Setchell	LCN	39' 2.5"
22	D. Delegato	FRA	37' 1.5"
23	Sam Lamerato	DLS	37' 0"
24	Austin Hassen	WAY	36' 5.25"
25	Blake Kostka	AB	36' 4.5"
26	Tony Mucciante	GPS	36' 0"
27	Jack Poole	GPN	34' 2"
28	M. Rossi	FRA	33' 3"
29	John Nowalski	UT	33' 1.5"

Long Jump

1	Greg Diedrich	IKE	20' 11" MR
2	Dehron Pines	GPN	20' 7.75"
3	Kyle DeMaster	DHS	20' 7.25"
4	Bryan Scott	CL	19' 0.5"
5	Tracy Jackson	LCN	19' 6.25"
6	Jamal Clayton	DHS	19' 5"
7	Darryl Howard	DHS	19' 3"
8	Lyle Young	IKE	19' 2.5"
9	Brandon Leeper	CV	18' 1"
10	Mike Rajnicek	DLS	17' 11"
11	Tyler Danna	CV	18' 0"
12	Jarrelle Jackson	LCN	17' 5.75"
13	Edwin Whitefield	GPN	17' 5.5"
14	Tom Centofenti	AB	17' 4.75"
15	Spratt	FRA	17' 4"
16	McCall	FRA	17' 0.75"
17	Kevin Howze	WM	16' 11"
18	Dan Wilson	AB	16' 3.75"
19	Kevin Tang	Troy	16' 0.75"
20	Brian Benanti	DLS	15' 9.75"
21	Malechi Williams	CL	14' 9"
22	Mike Smith	DLS	14' 3.75"
23	Anthony Bootka	UT	14' 3.5"
24	Victor Beesa	CV	14' 3.5"
	Matt Johnson	AB	FOUL

Pole Vault

1	Brian Cox	PHN	11' 5"
2	Steve Junzak	Utica	10' 11"
3	Lance Cusac	PHN	10' 11"
4	Paul Chebot	GPN	10' 11"
5	Anthony Cureton	WM	10' 5"
6	John Jones	WM	10' 5"

6	Damien Gietzen	IKE	10' 5"
8	Danny Mui	DHS	10' 5"
8	Matt Lukas	DHS	10' 5"
10	Eric Bowden	PH	10' 5"
11	Tim Simon	WM	9' 11"
12	Mark Balle	GPN	9' 5"
13	Kevin Roberts	IKE	8' 11"
14	Jaycil Varghese	DHS	8' 11"
14	Steve Pickett	UT	8' 11"
	John Allan	AB	NH
	Robbie Binglingmair	AB	NH

High Jump

1	Dehron Pines	GPN	6' 3" MR
2	J. Zimmer	AB	5' 11"
3	L. Lindsey	Troy	5' 11"
4	J. Robele	Troy	5' 11"
5	Vernon Bryan	WAY	5' 8"
6	E. Wilson	AB	5' 8"
6	J. Wirth	IKE	5' 8"
8	Kyle Baugh	DHS	5' 8"
9	A. Wash	WM	5' 5"
9	E. Davis	IKE	5' 5"
9	Jon Skutnik	DHS	5' 5"
9	Brandon Leeper	CV	5' 5"
13	Tracy Jackson	LCN	5' 5"
13	Darryl Howard	DHS	5' 5"
15	Gavin Northern	WM	5' 5"
15	Greg Baumgartner	WM	5' 5"
	Boyer	FRA	NH

Discus

1	Josh Georgen	DHS	142' 3"
2	Phil Nahirmiak	DLS	137' 10"
3	Greg Artes	CV	131' 3"
4	Austin Ditzhazy	GPN	130' 3"
5	Paul Stergiadis	GPS	120' 0"
6	Charles Martin	DHS	119' 4"
7	Kendal Wilkinson	DLS	118' 6"
8	Chris Desmet	AB	116' 7"
9	Neidlins	LCN	115' 4"
10	Darrell Rich	CL	115' 1"
11	Clark	LCN	114' 0"
12	Jack Poole	GPN	113' 5"
13	Chad Henderson	AB	110' 0"
14	D. Delegato	FRA	109' 11"
15	Almir Kararamovic	GPN	109' 8"
16	Eric Dryer	IKE	108' 0"
17	Eric Johnson	AB	107' 5"
18	Matt Zeleney	WM	107' 3"
19	Austin Hassen	WAY	104' 10"
20	Jack Raymond	DHS	103' 3"
21	Chris Bocike	CL	102' 7"
22	John Nowalski	UT	101' 4"
23	Adam Gurring	WAY	97' 9"
24	Matt Wilkinson	DLS	97' 2"
25	Eric Lewis	FRA	97' 0"
26	Tony Mucciante	GPS	97' 0"
27	Chris Osborne	FRA	91' 2"
28	Phil Lewis	GPS	90' 8"
29	Matt Rafferty	WM	89' 1"
30	Vernon Bryan	WAY	88' 0"



Dakota Cougars

Track & Field Invitational

2007

Boys Results

100 Meter Dash(FAT)

Prelim #1

1	Kendall Hayes	FRA	11.11
2	Megal Crowe	WAY	11.26
3	Theron Carter	GPN	11.58
4	Theo Kyprianides	IKE	11.83
5	D.J. Heynard	LCN	11.93
6	Brandon Head	AB	12.25
7	Sherwin Thomas	UT	13.86

Prelim #2

1	Justin VanHoose	AB	11.49
2	Greg Wright	FRA	11.16
3	Jamal Clayton	DHS	11.51
4	David Freeman	WAY	11.83
5	Donnell Tillman	LCN	12.03
6	Kevin Gibbons	UT	13.58

Prelim #3

1	Norris Blest	GPN	11.18
2	Mike Puhalla	DHS	11.33
3	Derrick Mittelstadt	AB	11.64
4	Greg Dredrich	IKE	11.65

Semifinal # 1

1	Norris Blest	GPN	10.94
2	Kendall Hayes	FRA	11.06
3	Mike Puhalla	DHS	11.21
4	Jamal Clayton	DHS	11.46
5	Derrick Mittelstadt	AB	11.61
6	David Freeman	WAY	11.68
	D.J. Heynard	LCN	DNF
	Brandon Head	AB	DNF

Semifinal # 2

1	Justin VanHoose	AB	11.14
2	Megal Crowe	WAY	11.15
3	Greg Wright	FRA	11.38
4	Theron Carter	GPN	11.40
5	Greg Dredrich	IKE	11.52
6	Theo Kyprianides	IKE	11.61
	Donnell Tillman	UT	DNF
	Kevin Gibbons	UT	DNF

FINALS

1	Norris Blest	GPN	11.02	MR
2	Justin Van Hoose	AB	11.06	
3	Megal Crowe	WAY	11.29	
4	Greg Wright	FRA	11.36	
5	Mike Puhalla	DHS	11.42	
6	Jamal Clayton	DHS	11.61	
7	Theron Carter	GPN	11.64	

200 Meter Dash(FAT)

Prelim #1

1	Paul White	DLS	23.66
2	Mike Puhalla	DHS	23.69
3	Anthony Baskin	WAY	24.06
4	Jarrelle Jackson	LCN	24.34
5	Jamari Henderson	GPN	24.47
6	Dan Sutton	GPS	26.28
7	Malechi Williams	CL	27.13

Prelim #2

1	Grant Withers	GPS	22.92
2	Justin VanHoose	AB	23.65
3	Mike Rucinski	IKE	23.92
4	Tracy Jackson	LCN	24.04
5	Darius Vanderhorst	FRA	23.69
6	Riad Mansour	CL	24.65
7	Anthony Bootka	UT	25.80

Prelim #3

1	Megal Crowe	WAY	22.54
2	Anthony Allen	FRA	22.55
3	Derrick Mittelstadt	AB	23.14
4	Kyle DeMaster	DHS	23.31
5	Adam Devine	GPN	23.41
6	Greg Baumgartner	WM	24.09
7	Kevin Wagner	UT	25.91

Semifinal # 1

1	Grant Withers	GPS	22.97
2	Megal Crowe	WAY	23.10
3	Mike Puhalla	DHS	23.15
4	Kyle DeMaster	DHS	23.37
5	Greg Baumgartner	WM	23.65
6	Mike Rucinski	IKE	23.67
7	Anthony Baskin	WAY	24.20
	Justin VanHoose	AB	DNF

Semifinal # 2

1	Anthony Allen	FRA	22.58
2	Paul White	DLS	23.48
3	Adam Devine	GPN	23.51
4	Derrick Mittlestadt	AB	23.63
5	Tracy Jackson	LCN	23.83
6	Jamari Henderson	GPN	24.33
	Tracy Jackson	LCN	DNF
	Darius Vanderhorst	FRA	DNF

FINALS

1	Anthony Allen	FRA	22.53	MR
2	Mike Puhalla	DHS	22.78	
3	Grant Withers	GPS	22.86	
4	Megal Crowe	WAY	23.07	
5	Paul White	DLS	23.42	
6	Adam Devine	GPN	23.73	
7	Derrick Mittlestadt	AB	23.87	
	Kyle DeMaster	DHS	DNF	



Dakota Cougars Track & Field Invitational 2007 Boys Results

400 Meter Dash

Heat #1

12	Chris Creighton	GPS	55.1
15	James Mitchell	DLS	56.9
17	Josh Sanders	UT	57.9
18	Jacob Resch	LCN	58.2
19	Kevin Wagner	UT	58.4
20	Ryan Taylor	DLS	58.6

Heat #2

4	Koree Micys	DHS	53.3
10	Brendan Sparks	WM	54.7
11	Mike Bellovich	GPS	55.0
13	Lyle Young	IKE	56.0
14	Tom Judy	Troy	56.3
16	Bobby Burns	IKE	57.2
21	Elijah Williams	CL	1:01.0

Heat #3

1	Paul Bramos	GPN	52.0
2	George Pitts	FRA	52.8
3	Brenden Andrews	DHS	53.1
4	Mike Lampkin	LCN	53.3
6	Austin Parker	AB	53.6
7	Matt Johnson	AB	53.9
8	Wes Renal	GPN	54.1
9	Alex Minor	FRA	54.5

800 Meter Run

JV Heat #1

1	Mark Hernandez	DHS	2:09.0 MR
2	Jack Davies	GPS	2:09.3
3	Patrick Vaughn	DLS	2:09.7
4	Eric Devich	DLS	2:12.1
5	Joe Chodikiewicz	DLS	2:12.2
6	Corey Rapala	GPN	2:12.9
7	Ed Roginski	DHS	2:13.3
8	Mark Balle	GPN	2:15.0

Varsity

1	Rob Fisher	GPN	2:00.4 MR
2	Kevin Lewis	WAY	2:01.1
3	Dave Magnotte	DHS	2:03.2
4	Matt Robinet	AB	2:03.7
5	Scott Fowler	DHS	2:04.8
6	Adam Haag	DLS	2:05.2
7	Lucas Zavadil	IKE	2:05.9
8	Sean Burke	GPN	2:07.0
9			2:08.8

1600 Meter Run

JV Heat #1

1	Kyle Allinder	DHS	5:28.5
2	Brenden Alexander	LCN	5:28.9
3	James Moll	UT	5:30.2
4	Kyle Lewis	DHS	5:34.1
5	Travis Thorman	DHS	5:34.7
6	Steven Pickett	UT	5:36.0
7	Nick Bryant	CV	5:38.1
8	David Riva	DLS	5:38.9

JV Heat #2

1	Kieran Scott	DLS	4:58.1
2	Danny Surmont	GPN	4:59.2
3	Kyle Roeber	IKE	5:01.7
4	Dylan Thomas	WM	5:03.4
5	Joe Chmielewski	IKE	5:04.4
6	David Reddmann	CV	5:04.7
7	John Chase	DLS	5:06.2
8	Mark Miotto	GPN	5:12.0

Varsity

1	Ben Miller	DLS	4:34.2
2	Jon Rock	IKE	4:34.4
3	Steve Joseph	GPN	4:37.0
4	Nate Monahan	GPS	4:47.3
5	Brendan Buckley	GPS	4:48.0
6	Matt Vanegmond	GPN	4:48.9
7	Jordan Eccleston	DLS	4:40.0
8	James Holbrook	WM	4:55.2

3200 Meter Run

1	Jon Rock	IKE	9:55.2
2	Edwin Gay	GPS	10:00.5
3	Phil Baldick	DHS	10:30.4
4	Andy Van Egmond	GPN	10:32.4
5	Justin Hernandez	CL	10:35.8
6	Josh Eccleston	DLS	10:39.5
7	Cy Rybicki	DLS	10:45.8
8	Robert Collison	GPS	10:52.7



Dakota Cougars Track & Field Invitational 2007 Boys Results

High Hurdles(FAT)

Prelim #1

1	DeAndre Henderson	GPN	14.91
2	Pat Verenocke	AB	16.21
3	Eric Davis	IKE	17.06
4	David Blackburn	DLS	17.13
5	Kevin Tang	Troy	18.33
6	Ryan Aebi	UT	18.93

Prelim #2

1	Rich Kwasnik	IKE	15.58
2	Matt Lukas	DHS	16.08
3	D'Anthony Clark	FRA	17.77
4	Brandon Leeper	CV	18.13
5	Grant Marcinkowski	UT	22.96

Prelim #3

1	Joel Putnam	CL	15.93
2	Anthony Cureton	WM	16.06
3	Tyler Danna	CV	16.33
4	Matt Gronda	FRA	18.00
5	Mike Minauro	LCN	18.17
6	Matt Schoenherr	DLS	19.47

Prelim #4

1	Renaldo Powell	WAY	15.55
2	Corey Foglesong	GPN	16.09
3	Gavin Northern	WM	17.41
4	Justin Gillito	LCN	18.64
5	Billy Malburg	DHS	19.14
6	Victor Beese	CV	21.07

Semifinal # 1

1	DeAndre Henderson	GPN	14.20
2	Rich Kwasnik	IKE	14.59
3	Anthony Cureton	WM	15.59
4	Tyler Danna	CV	15.62
5	Corey Foglesong	GPN	15.79
6	David Blackburn	DLS	16.72
7	D'Anthony Clark	FRA	16.92
8	Brandon Leeper	CV	18.24

Semifinal # 2

1	Renaldo Powell	WAY	14.45
2	Matt Lukas	DHS	14.46
3	Pat Verenocke	AB	14.67
4	Joel Putnam	CL	14.68
5	Eric Davis	IKE	15.28
6	Matt Gronda	FRA	15.77
7	Gavin Northern	WM	17.14
8	Justin Gillito	LCN	17.87

FINALS

1	DeAndre Henderson	GPN	14.17 MR/SR
2	Rich Kwasnik	IKE	14.47
3	Renaldo Powell	WAY	15.14
4	Joel Putnam	CL	15.19
5	Anthony Cureton	WM	15.35
6	Matt Lukas	DHS	15.42
7	Tyler Danna	CV	15.44
8	Pat Verenocke	AB	15.62

300 Meter Hurdles

Heat #1

17	Eric Bloomquist	DHS	49.8
18	Ryan Aebi	UT	50.6
19	Billy Malburg	DHS	51.5
20	Grant Marcinkowski	UT	54.4

Heat #2

10	Matt Schoenherr	DLS	46.7
12	David Blackburn	DLS	47.4
14	Tim Simon	WM	47.9
15	Kyle Snell	LCN	48.2
16	Justin Gillito	LCN	48.8

Heat #3

8	Alex Guyon	DLS	44.4
9	Eric Davis	IKE	44.7
11	Anthony Cureton	WM	46.9
13	D'Anthony Clark	FRA	47.8
21	Danny Mui	DHS	55.8

Heat #4

1	Rich Kwasnik	IKE	41.2
2	Renaldo Powell	WAY	41.5
3	Edwin Witefield	GPN	41.9
4	Corey Foglesong	GPN	42.5
5	Pat Verenocke	AB	42.9
6	Matt Gronda	FRA	43.7
7	Brannon Freiburgen	CL	44.0



Dakota Cougars Track & Field Invitational 2007 Boys Results

400 Meter Relay

Heat #1

5	De La Salle	46.4
8	Grosse Pointe South	49.2
9	Warren Mott	49.4
10	Utica	55.2

Heat #2

1	Grosse Pointe North (Blest, Carter, Price, Henderson)	44.7
2	Eisenhower	45.5
3	L'anse Creuse North	45.8
4	Dakota	46.3
6	Anchor Bay	46.5
7	Wayne Memorial	46.8

800 Meter Relay

JV Heat #1

6	De La Salle A	2:02.4
8	De La Salle B	2:06.4

JV Heat #2

1	Dakota B (Emlaw, Brigguglio, Micyus, Clinton)	1:38.1	MR
2	GPN	1:39.1	
3	Dakota D	1:45.7	
4	De La Salle C	1:46.5	
5	De La Salle D	1:48.0	
7	Dakota C	2:04.6	

Varsity

1	Grosse Pointe North (Blest, Carter, Devine, Henderson)	1:32.4	MR/SR
2	Wayne Memorial	1:36.1	
3	L'anse Creuse North	1:36.5	
4	De La Salle	1:36.7	
5	Warren Mott	1:43.2	
6	Grosse Pointe South	1:44.6	

1600 Meter Relay

JV Heat #1

1	Grosse Pointe North (Rayanal, Boyce, Houin, Foglesong)	3:52.1
2	Dakota A	3:56.0
3	De La Salle A	3:59.9
4	De La Salle B	4:07.2
5	De La Salle C	4:15.7
6	Dakota B	4:22.4
7	Warren Mott	4:28.2
8	De La Salle D	4:33.6

Varsity

1	De La Salle (White, Larocca, Divozzo, Dorch)	3:33.7
2	Dakota	3:34.7
3	Grosse Pointe North	3:36.0
4	Fraser	3:38.3
5	Wayne Memorial	3:40.2
6	Anchor Bay	3:42.9
7	Centerline	3:45.0

3200 Meter Relay

1	Dakota (Fowler, Andrews, Magnotte, Fowler)	8:12.2
2	Anchor Bay	8:21.6
3	De La Salle	8:26.3
4	Wayne Memorial	8:41.4
5	Grosse Pointe South	8:41.8
6	Eisenhower	8:43.6
7	Fraser	8:59.8
8	Utica	9:47.3

MR=Meet Record

SR=Stadium Record