

Dakota Cougars Track & Field Invitational 2007



Saturday May 12, 2007

Dakota High School Stadium
21051 21 Mile Road
Macomb, MI 48044



**The Dakota Track and Field Team
& Coaching Staff
would like to thank the following
for their support in this meet
and the entire season.**

Our spouses and families for their support.


The Dakota High School Booster Club

Dakota Track and Field Parents

Dakota Alumni and meet workers and Volunteers

Kelly Bauser and Kari Fox

Dakota High School Administration



Mike DiGirolamo
Owner

Shield's of Macomb
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**DAKOTA
INVITATIONAL**
MAY 12TH 2007

Anchor Bay	Grosse Pointe North
Center Line	Grosse Pointe South
Chippewa Vally	L'anse Creuse North
Cousino	Regina
Dakota	Troy
De La Salle	Warren Mott
Eisenhower	Wayne Memorial
Fraser	Utica

T-Shirts are available under the concourse by the concessions stand for \$10

Order of events/ Time Schedule:

(Girls 1st in all Running events)

9-9:30 am Shot/ Disc Weigh in
9:00 am Coaches Meeting
10:00 am Field Events Begin
10:00 am High Hurdles (Prelims) sponsored by “Kari Fox”
100m Dash (Prelims) sponsored by “The Coney Grille”
JV 800 meter Run
200m Dash (Prelims)
High Hurdles (Semis) sponsored by “Kari Fox”
100 meter Dash (Semis) “The Coney Grille”
3200 meter Relay “Dynasty Relay”
200 meter Dash (Semis)
--30 min Break-- JV 1600m Run during break
National Anthem
High Hurdles (Finals) sponsored by “Kari Fox”
100 meter dash (Finals) “The Coney Grille”
JV 800 Meter Relay
800 meter Relay sponsored by “Cook Industries”
“Napoleon Dynamite” 1600m Run
400 meter Relay
400 meter Dash
300 meter Hurdles
800 meter Run sponsored by “The Herrick Family”
200 meter Dash (Finals)
3200 meter Run sponsored by “The Thormans”
JV 1600 meter Relay
1600 meter Relay sponsored by “Shields of Macomb”

We will be on a rolling time schedule and run ahead if possible!



TEAMS COMPETING FOR 2007

**ANCHOR BAY
CENTER LINE
CHIPPEWA VALLEY
COUSINO
DAKOTA
DE LA SALLE
EISENHOWER
FITZGERALD
FRASER
GROSSE POINTE NORTH
GROSSE POINTE SOUTH
L'ANSE CREUSE NORTH
REGINA
SOUTH LAKE
TROY
UTICA
WARREN MOTT
WAYNE MEMORIAL**

Boys Stadium Records

EVENT
High Jump

NAME
Eddie Fici-12

MARK
6' 6"

SCHOOL
Chippewa Valley

DATE
5-17-05

Long Jump	Eddie Fici-12	21' 0.5"	Chippewa Valley	5-17-05
Shot Put	Kyle Cook-12	51' 9.75"	Dakota	4-23-02
Discus	Josh Georgen-12	150' 7.5"	Dakota	4-24-07
Pole Vault	Brian Hinz-12	14' 1"	Dakota	5-25-04
3200m Relay	Scott Fowler-11 Brenden Andrews-10 Dave Magnotte-11 Nick Fowler-11	8:10.8	Dakota	5-13-06
110m Hurdles	Jarron Jackson	15.1	L'anse Creuse	5-5-98
100m Dash	Mike Stafford-12	10.9	L'anse Creuse	4-25-06
800m Relay	Terrance Shelby-11 Jamal Clayton-12 Kyle DeMaster-11 Mike Puhalla-12	1:32.5	Dakota	4-19-07
1600m Run	Robbie Fisher-11	4:26.4	GPN	5-13-06
400m Relay	Jon Magnotte-11 Erik Fox-12 Brian Grant-12 Mark Natale-12	44.4	Dakota	5-18-99
400m Dash	Mike Stafford-11	50.0	L'anse Creuse	5-14-05
300m Hurdles	John Lee	39.6	Troy	5-13-06
800m Run	Brad Schick-12	1:58.2	Dakota	4-22-02
200m Dash	Rob Thelmas	22.3	Port Huron	5-16-00
3200m Run	Pete Loy-12	9:44.9	De LaSalle	5-13-06
1600m Relay	Scott Fowler-11 Dave Magnotte-11 Brenden Andrews-10 Nick Fowler-11	3:31.8	Dakota	5-13-06

Updated 5-09-07

Girls Stadium Records

<u>EVENT</u>	<u>NAME</u>	<u>MARK</u>	<u>SCHOOL</u>	<u>DATE</u>
High Jump	Suzy Bozin	5' 4"	Romeo	4-21-98
Long Jump	Tanisha Johnson-12	17' 11 ¼"	Dakota	5-13-06
Shot Put	Ashley Lawrence-12	41' 0"	Troy	5-13-06
Discus	Ashley Lawrence-12	133' 9"	Troy	5-13-06
Pole Vault	Lindsey Jones-12	11' 3"	Saint Clair	5-25-04
3200m Relay	Stephanie Sayler-12 Melissa Moncion-12 Rebecca Propst-9 Theresa Bongiovanni-12	9:59.8	Romeo	5-14-02
100m Hurdles	Breanna Peabody-10	15.8	Utica	5-13-06
100m Dash	Tanisha Johnson-11	12.5	Dakota	4-26-05
800m Relay	Megan Willemsen-12 Jessica Ferguson-11 Melena Nicholson-9 Deanna Schmidt	1:48.3	Eisenhower	5-13-06
1600m Run	Betsy Graney-11	5:19.9	Grosse Pointe North	5-13-06
400m Relay	Jessica Ferguson-11 Lauren Lambert-10 Deanna Schmidt Megan Willemsen-12	51.1	Eisenhower	5-13-06
400m Dash	Jillian Conley-9	1:01.1	L'anse Creuse	5-14-05
300m Hurdles	Breanna Peabody-9	46.8	Utica	5-14-05
800m Run	Grace Green-9	2:22.7	Troy	5-13-06
200m Dash	Katrina Drayton-11	25.3	Troy	5-13-06
3200m Run	Julia Schmidt-12	11:35.0	Romeo	5-18-99
1600m Relay	Anna Dinverno-9 Katrina Drayton-12 Sam Hsieh-11 Grace Green-9	4:12.8	Troy	5-13-06

Updated 5-9-07

Order of events/ Field Events:

The following field events will begin at 10:00 am

Pole Vault sponsored by “Timpa Insurance”
(Boys 1st)

High Jump (Boys 1st)

Shot Put sponsored by “Mom & Dad Felcyn”
(Boys 1st)

Long Jump (Girls 1st)

Discus “Ms. Janice Georgen Discus” (Girls 1st)

The opposite gender will begin when the above are finished.



Awards:

Top 8 places in all individual events

Top 6 places in all Relays

No team scores will be kept.



Boys Meet Records

<u>EVENT</u>	<u>NAME</u>	<u>MARK</u>	<u>SCHOOL</u>	<u>DATE</u>
High Jump	Will Sullivan-12	6' 1"	Fitzgerald	5-13-06
Long Jump	Mike Stafford-12	20' 7 ¼"	L'anse Creuse	5-13-06
Shot Put	Pat Williams-12	50' 6"	GPS	5-13-06
Discus	Elvis Ahmetarsevic-12	145' 0"	L'anse Creuse	5-14-05
Pole Vault	Chris Fisher-12	12' 5"	Dakota	5-13-06
	Will Utley-11		GPN	5-13-06
3200m Relay	Scott Fowler-11	8:10.8	Dakota	5-13-06
	Brenden Andrews-10			
	Dave Magnotte-11			
	Nick Fowler-11			
110m Hurdles	Rob Schwarb-12	15.4	Lutheran North	5-14-05
100m Dash	Vince Hendon-11	11.1	GPN	5-13-06
800m Relay	Vince Hendon-11	1:32.8	GPN	5-13-06
	Will Utley-11			
	Luke Donahue			
	Deandre Henderson			
1600m Run	Robbie Fisher-11	4:26.4	GPN	5-13-06
400m Relay	Norris Blest	44.5	GPN	5-13-06
	Vince Hendon-11			
	Luke Donahue			
	Deandre Henderson			
400m Dash	Mike Stafford-11	50.0	L'anse Creuse	5-14-05
300m Hurdles	John Lee-12	39.6	Troy	5-13-06
800m Run	Chris Moon-12	2:03.2	Utica	5-13-06
200m Dash	Mike Stafford-11	22.7	L'anse Creuse	5-14-05
3200m Run	Pete Loy-12	9:44.9	De LaSalle	5-13-06
1600m Relay	Scott Fowler-11	3:31.8	Dakota	5-13-06
	Dave Magnotte-11			
	Brenden Andrews-10			
	Nick Fowler-11			

Updated 6-14-06

Girls Meet Records

<u>EVENT</u>	<u>NAME</u>	<u>MARK</u>	<u>SCHOOL</u>	<u>DATE</u>
High Jump	Tanisha Johnson-11	5' 0"	Dakota	5-14-05
	Julie Diegel-11		Eisenhower	5-13-06
	Kim Wilson-12		Dakota	5-13-06
Long Jump	Tanisha Johnson-12	17' 11 ¼"	Dakota	5-13-06
Shot Put	Ashley Lawrence-12	41' 0"	Troy	5-13-06
Discus	Ashley Lawrence-12	133' 9"	Troy	5-13-06
Pole Vault	Cassie Chetosky-11	9' 8"	Utica	5-13-06
3200m Relay	Jillian McLaughlin-11	10:05.4	GPS	5-14-05
	Sam MacKenzie-11			
	Sarah Petit-11			
	Maggie Collison-12			
100m Hurdles	Breanna Peabody-10	15.8	Utica	5-13-06
100m Dash	Tanisha Johnson-11	13.0	Dakota	5-14-05
	Alysson Bodenbach-10		Chippewa Valley	5-13-06
800m Relay	Megan Willemsen-12	1:48.3	Eisenhower	5-13-06
	Jessica Ferguson-11			
	Melena Nicholson-9			
	Deanna Schmidt			
1600m Run	Betsy Graney-11	5:19.9	GPN	5-13-06
400m Relay	Jessica Ferguson-11	51.1	Eisenhower	5-13-06
	Lauren Lambert-10			
	Deanna Schmidt			
	Megan Willemsen-12			
400m Dash	Jillian Conley-9	1:01.1	L'anse Creuse	5-14-05
300m Hurdles	Breanna Peabody-9	46.8	Utica	5-14-05
800m Run	Grace Green-9	2:22.7	Troy	5-13-06
200m Dash	Katrina Drayton-11	25.3	Troy	5-13-06
3200m Run	Jillian McLaughlin-11	11:39.7	GPS	5-14-05
1600m Relay	Anna Dinverno-9	4:12.8	Troy	5-13-06
	Katrina Drayton-12			
	Sam Hsieh-11			
	Grace Green-9			

Updated 6-14-06

JV GIRLS MEET RECORDS

JV 800m Run	Jessica Russell	2:33.8	Troy	5-14-05
JV 1600m Run	Kat Carmody-12	5:53.0	GPS	5-14-05
JV 800m Relay	Turin Ulrich Alao Nelskamp	1:56.8	GPS	5-14-05
JV 1600m Relay	Alyssa Magnotte-10 Krysten Neate-10 Rachel Yelda-10 Andrea Knudson-9	4:43.3	Dakota	5-13-06



JV BOYS MEET RECORDS

JV 800m Run	Alex Shay-Tin	2:12.9	Troy Athens	5-13-06
JV 1600m Run	Shay-Heen	4:48.9	Troy Athens	5-13-06
JV 800m Relay	Norris Blest Christen Cruz Jeff Hawkins Tim Williams	1:39.9	GPN	5-13-06
JV 1600m Relay	Corey Foglesong Sean Bourke Norris Blest Andrew Charnewsky	3:46.8	GPN	5-13-06

RECENT EVENT WINNERS

Discus

2005	Chrissy Brinkman	Troy	119' 4"	Elvis Ahmetarsevic	L'anse Creuse	145' 0"
2006	Ashley Lawrence	Troy	133' 9"	Quentin Trotter	Dakota	143' 3"
2007						

High Jump

2005	Tanisha Johnson	Dakota	5' 0"	Max McDonald	Grosse Pointe South	5' 7"
2006	Tanisha Johnson	Dakota	5' 0"	Mike Sullivan	Fitzgerald	6' 1"
2007						

Long Jump

2005	Tanisha Johnson	Dakota	16' 8 3/4"	Steve Brozowski	Warren Mott	19' 0 1/4"
2006	Tanisha Johnson	Dakota	17' 11 1/4"	Mike Stafford	L'anse Creuse	20' 7 1/4"
2007						

Pole Vault

2005	Cassie Chetosky	Utica	8' 9"	Chris Czapp	Warren Mott	11' 9"
2006	Cassie Chetosky	Utica	9' 8"	Chris Fisher	Dakota	12' 5"
2007						

Shot Put

2005	Ashley Lawrence	Troy	40' 1 1/2"	Will Kosnik	Warren Mott	46' 8"
2006	Ashley Lawrence	Troy	41' 0"	Williams	Grosse Pointe South	50' 6"
2007						

100m Dash

2005	Tanisha Johnson	Dakota	13.0	Marcus Lancaster	Dakota	11.2
2006	Alysson Bodenbach	Chippewa	13.1	Vince Hendon	Grosse Pointe North	11.1
2007						

200m Dash

2005	Alysson Bodenbach	Chippewa	28.1	Mike Stafford	L'anse Creuse	22.7
2006	Katrina Drayton	Troy	25.3	Mike Stafford	L'anse Creuse	23.1
2007						

400m Dash

2005	Jillian Conley	L'anse Creuse	61.1	Mike Stafford	L'anse Creuse	50.0
2006	Carley Ballantine	Utica	62.6	Mike Stafford	L'anse Creuse	50.2
2007						

800m Run

2005	Erica D'Angelo	Chippewa	2:29.4	Dave Magnotte	Dakota	2:07.1
2006	Grace Green	Troy	2:22.7	Chris Moon	Utica	2:03.2
2007						

JV 800m Run

2005	Jessica Russell	Troy	2:33.8	Eric Heitkamp	Warren Mott	2:25.3
2006	Anna Dinverno	Troy	2:36.6	Alex Sway-Tin	Athens	2:12.9
2007						

1600m Run

2005	Maggie Collison	GPS	5:20.7	Shane Knoll	Warren Mott	4:36.3
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2006	Betsey Graney	GPN	5:19.9	Robbie Fisher	Grosse Pointe North	4:26.4
2007						

JV 1600m Run

2005	Kat Carmody	GPS	5:53.0	Bryan Congleton	Warren Mott	4:55.6
2006	Lesperance	Troy	5:54.4	Matt Shaheen	Athens	4:48.9
2007						

3200m Run

2005	Jill McLaughlin	GPS	11:39.7	Nate Poirier	Centerline	9:53.3
2006	Betsey Graney	GPN	11:45.3	Pete Loy	De LaSalle	9:44.9
2007						

High Hurdles

2005	Lisa Laperriere	Dakota	16.8	Rob Schwarb	Lutheran North	15.4
2006	Breanna Peabody	Utica	16.1	Deandre Henderson	Grosse Pointe North	16.2
2007						

300m Hurdles

2005	Breanna Peabody	Utica	46.8	Tad Wojoyla	Utica	39.7
2006	Breanna Peabody	Utica	47.7	John Lee	Troy	39.6
2007						

400m Relay

2005	Dakota		52.8	Utica		45.0
2006	Eisenhower		51.1	Grosse Pointe North		44.5
2007						

800m Relay

2005	Dakota		1:51.3	Grosse Pointe South		1:34.0
2006	Eisenhower		1:48.3	Grosse Pointe North		1:32.8
2007						

JV 800m Relay

2005	Grosse Pointe South		1:56.8	Warren Mott		1:40.4
2006	Eisenhower		1:57.9	Grosse Pointe North		1:39.9
2007						

1600m Relay

2005	Utica		4:29.7	De LaSalle		3:37.3
2006	Troy		4:12.8	Dakota		3:31.8
2007						

JV 1600m Relay

2005	Dakota		5:02.5	De LaSalle		3:59.4
2006	Dakota		4:43.3	Grosse Pointe North		3:46.8
2007						

3200m Relay

2005	Grosse Pointe South		10:05.4	Warren Mott		8:31.6
2006	Grosse Pointe North		10:25.3	Dakota		8:10.8
2007						

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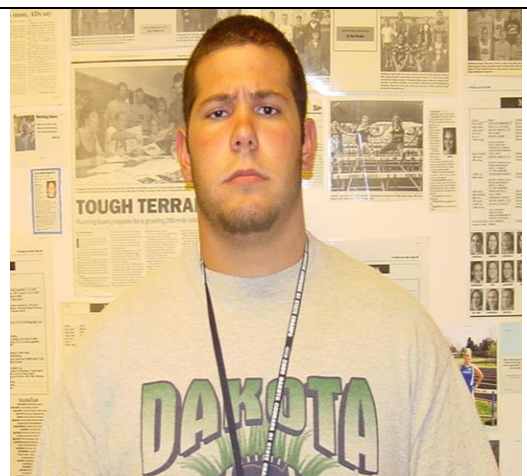
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2007

**DAKOTA
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TRACK & FIELD
INVITATIONAL**

2007



SHOT PUT

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QUALIFYING STANDARDS FOR THE 2007 MEET

	BOYS	GIRLS
Discus (B)	130 feet	90 feet
Long jump (B)	19 feet, 3 inches	14 feet, 9 inches
Shot put (G)	44 feet	30 feet
High jump (G)	6 feet (starting height 5-9)	4 feet, 10 in (starting height 4-6)
Pole vault (G)	10 feet, 9 in (starting height 10-0)	7 feet, 9 in (starting height 7-0)
100 meter dash	11.3	13.3
200 meter dash	23.4	28.6
400 meter dash	53.3	1:05.0
800 meter run	2:06.9	2:40.0
1600 meter run	4:47.0	6:00.0
3200 meter run	10:39.0	13:00.0
110 meter hurdles	16.3	17.9
300 meter hurdles	43.8	53.5

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Dakota Cougars

Head Coach: Mike Timpa

Assistant Coaches:

Greg Baur, Art Droski

Brian Hinz, Paul Hinz

Sue Hinz, Tom Zarzycki



Utica Chieftains

Head Coaches: Ray Philaja, Megan Berry

Assistant Coaches:

Bob Ogilvy, Paul Herron, Clint Davis



Fraser Ramblers

Head Coach: Tommy Boyd, Kristin Parmalee

Assistant Coaches:

John Murray, Rob Wingert, Lindsey Belzyt



Grosse Pointe South Blue Devils

Girls Head Coach: Stephen Zaranek

Assistant Coaches:

Leo Lamberti, Shawn McNamara, Mike Novak



Boys Head Coach: Werner Schienke

Assistant Coaches:

Tom Wise, Steve Gilbert, Al Moebus, Dick Green

Anchor Bay Tars

Head Coach: Geoff Nitterhouse, Dan Campbell

Assistant Coaches:



Cousino Patriots



Girls Head Coach: Denise Bryant

Assistant Coaches: Heather Pollock, Bud Doba, Cayna Carnes, Amanda Bush



Chippewa Valley Big Reds

Head Coach: Andy Valentine
Assistant Coaches:
Sean Lively, Matt Put, Justin Mauer



Warren Mott Mauranders

Head Coach: Tim Kovacs, Mark Urquhart
Assistant Coaches: Veronica Shivachi, Gary Skop, Carl Taylor, Steve Johnson, Tom Milanov



De LaSalle Pilots

Head Coach: Bob Blunk
Assistant Coaches:



Regina Saddlelites

Head Coach:
Assistant Coaches:



Eisenhower Eagles

Head Coach: Jim Thomas, Chris Smith
Assistant Coaches:



Fitzgerald Spartans

Head Coach: Ben Torres
Assistant Coaches: Jason Byers, Nancy Van Hulle



L'anse Creuse North Crusaders

Head Coach: Brian Leickfelt, Sharon Hicks



Troy Colts

Head Coach: Matt Richardson, Eric Prowse
Assistant Coaches: Scott Collins,

Grosse Pointe North Norseman

Head Coach: Charles Buhigiar, Paul Langedoch.
Assistant Coaches: Pat Wilson,



Center Line Panthers

Head Coach: Joe DeFusco, Rob Polsgrove
Assistant Coaches: Tim Warneck

Wayne Memorial Zebras

Head Coach:
Assistant Coaches: