



Dakota Cougars Track & Field Invitational 2009

Girls Results

9th Grade 1600 Meter Run

Heat #1

1	Hannah Schilling	LN	5:46.4
2	Abby Filkoski	LN	5:46.5
3	Grace Pytell	FRA	6:12.2
4	Samantha Jackson	ND	6:13.0
5	Christina Casali	ND	6:15.0
6	Alexa Noyes	IKE	6:22.4
7	Chelsea Bono	REG	6:38.6
8	Bridgette Degenhardt	ND	6:44.8

JV 1600 Meter Run

Heat #1

1	Tara Geralt	DAK	5:56.9
2	Jane Harness	GPS	5:59.9
3	Sophie Kohrman	DAK	6:04.1
4	Shaina Kulczycki	CV	6:06.3
5	Janell Herrick	DAK	6:07.0
6	Elise Corden	GPS	6:08.5
7	Sara Kidd	IKE	6:13.5
8	Becky Burtk	REG	6:13.8

High Hurdles(FAT)

Prelim #1

1	Veronica Schacht	GPS	16.08
2	Megan Coltman	IKE	18.00
3	Laura Fett	DAK	18.37
4	Callan Roberts	LC	18.53
5	Abby Pilarski	ND	19.17
6	Amanda Klauer	LN	20.37
7	Katie Bova	FRA	21.50

Prelim #2

1	Carmen Novak	ROM	17.48
2	Kelly Kirkpatrick	LCN	18.18
3	Natalie Delave	ND	18.27
4	Kristen Korycinski	DAK	18.90
5	Leslie Yu	FRA	19.40
6	Amanda Ranusch	REG	19.58
7	Shamole Ahmed	FITZ	20.23

Prelim #3

1	Shakira Harrington	IKE	17.64
2	Hannah Demil	ROM	17.91
3	Jenn Trainor	U	18.34
4	Ashley Tabb	LCN	18.69
5	Carlay Stahl	LC	19.44
6	Annika Barkovic	REG	20.31
7	Marina Bommarito	LN	20.80

100 Meter Dash(FAT)

Prelim #1

1	Shayla France	LC	12.61
2	Brooke Bielaniac	IKE	13.74
3	Shantel Jones	MC	13.78
4	Liz Halabu	ND	14.18
5	Ashley Hanex	FRA	14.19
6	Jenna Selewski	LN	15.90

Prelim #2

1	Taylor Earls	CV	13.67
2	Darielle Twilley	SL	14.07
3	Angelina Coletti	U	14.09
4	Kim Barba	REG	14.42
5	Stephanie Kehrig	LN	15.31
6	Jasmine Owens	FITZ	15.59

Prelim #3

1	Jocelyn Jenkins	LC	13.26
2	Ashley Flinn	ROM	13.43
3	Laura Huth	U	13.74
4	Ashley Thomas	DAK	13.93
5	Dashia Johnson	FITZ	14.14
	Amanda Ray	GPS	FS

Prelim #4

1	Caitlan Moore	GPS	13.36
2	Stephanie Lanza	IKE	13.37
3	Stephanie Cuniberti	DAK	13.52
4	Josie Terrell	LCN	13.66
5	Valentina Johnson	MC	14.31
6	M. Eggly	ROM	14.71

9th Grade 200 Meter Dash(FAT)

Heat #1

1	Olivia Zachmann	LC	33.08
2	Rauel THibault	LN	36.77

Heat #2

1	Elizabeth Chilutt	LC	32.24
2	Amanda Picciche	REG	35.77
3	Erika Hocevar	LN	35.89
4	Alessandra Lucido	REG	36.27
5	Ashly Orlando	REG	37.01
6	Taylor Nickens	DAK	39.09
7	Emily Wisniewski	REG	39.88

Heat #3

1	Kiaya Bowman *(4)	ND	30.44
2	Lauren Batchik *(5)	IKE	30.64
3	Mary Hennessey	GPS	32.49
4	Caitlin Allinder	DAK	33.59
5	Shelby Sanders	DAK	34.26
6	Stephanie Chidiac	Reg	34.37
7	Magan Radke	DAK	34.66
8	Rose Starceski	REG	35.56

Heat #4

1	Taylor Cyphers * (1)	U	29.46
2	Jillian White * (2)	DAK	29.76
3	Kathryn Ugorowski *(3)	DAK	29.94
4	Erin Kupps * (6)	CVS	30.73
5	Daneille Tonne * (7)	IKE	31.31
6	Amanda Arsenault * (8)	LCN	31.71
7	Natalie HLavaty	REG	31.72
8	Nina Cicchelli	DAK	32.13



Dakota Cougars Track & Field Invitational 2009

Girls Results

JV 200 Meter Dash(FAT)

Heat #1

1	Rebecca Fett * (1)	DAK	29.02
2	Lauren Doherty * (2)	DAK	30.09
3	Victoria Goldwater * (3)	FRA	30.57
4	Joanna Nieske * (7)	IKE	31.16
5	Alex Taylor	IKE	31.39
6	Juanita Jackson	DAK	31.79
7	Jordan Salley	GPS	32.36
8	Tamela Washingtons	FRA	34.08

Heat #2

1	Ali Zoltowski * (5)	GPS	30.78
2	Amanda Arsenault * (8)	LCN	31.18
3	Aundrea Hamilton	GPS	32.42
4	Courtney Priemer	LC	33.78

Heat #3

1	Cydney Richardson	MC	32.67
2	Taylor Driscoll	DAK	35.31
3	Briana Boyd	U	35.36
4	Allison Karwoski	Reg	35.64
5	Samara Shaw	LC	36.68
6	Isabella Carrafelli	DAK	37.68
7	RamahTawfig	DAK	44.77
8			

Heat #4

1	Gina Apone * (4)	ND	30.64
2	Kristina Parise * (6)	ND	31.04
3	Ashley Anderson	U	37.24

High Hurdles(FAT)

Semifinal # 1

1	Veronica Schacht	GPS	16.00
2	Hannah Demil	ROM	17.33
3	Natalie Delave	ND	17.76
4	Kelly Kirkpatrick	LCN	17.97
5	Laura Fett	DAK	18.30
6	Leslie Yu	FRA	18.85
7	Ashley Tabb	LCN	18.93
8	Amanda Ranusch	REG	19.62

Semifinal # 2

1	Shakira Harrington	IKE	17.25
2	Carmen Novak	ROM	17.45
3	Megan Coltman	IKE	17.49
4	Jenn Trainor	U	17.74
5	Kristen Korycinski	DAK	18.75
6	Callan Roberts	LC	18.95
7	Abby Pilarski	ND	19.22
8	Carlay Stahl	LC	20.69

100 Meter Dash(FAT)

Semifinal # 1

1	Jocelyn Jenkins	LC	13.16
2	Ashley Flinn	ROM	13.18
3	Taylor Earls	CV	13.48
4	Laura Huth	U	13.53
5	Stephanie Cuniberti	DAK	13.65
6	Angelina Coletti	U	13.75
7	Shantel Jonews	MC	13.81
8	Dashia Johnson	FITZ	14.33

Semifinal # 2

1	Shayla France	LC	12.71
2	Stephanie Lanza	IKE	13.25
3	Caitlan Moore	GPS	13.25
4	Josie Terrell	LCN	13.71
5	Brooke Bielaniac	IKE	13.83
6	Darielle Twilley	SL	13.95
7	Ashley Thomas	DAK	14.03
8	Liz Halabu	ND	14.16

3200 Meter Relay

1	Notre Dame Prep (Jaclyn Wilson, Emily Wade, Alex Lallier, Sara Barron)		10:15.1
2	Fraser		10:22.0
3	L'ance Creuse		10:29.1
4	Dakota		10:34.3
5	Grosse Pointe South		10:47.1
6	Romeo		10:48.0
7	Lutheran North		10:49.9
8	Eisenhower		11:32.2
9	Regina		11:42.4

200 Meter Dash(FAT)

Semifinal # 1

1	Shayla France	LC	25.92
2	Blossom Metevier	IKE	27.56
3	Jessica Pizzini	DAK	28.51
4	Monique Mathis	MC	28.88
5	Majorie Gatson	CV	28.89
6	Kaylene Nickens	SL	28.91
7	Ashley Haney	FRA	29.06
8	Dashia Johnson	FITZ	30.63

Semifinal # 2

1	Cadeisha Watters	LC	27.71
2	Meaghan Ogonowski	REG	28.41
3	Andrea Kyser	SL	29.01
4	Talisha Wise	MC	29.12
5	Nicole Provencher	DAK	29.27
6	Emily Glidden	IKE	29.41

High Hurdles(FAT)

FINALS

1	Vderonica Schacht	GPS	15.85
2	Shakira Harrington	IKE	16.87
3	Caymen Novak	ROM	16.90
4	Hannah DeMil	ROM	17.34
5	Megan Coltman	IKE	17.37
6	Natalie DeLave	ND	17.47
7	Kelly Kirkpatrick	LCN	17.62
8	Jenn Trainer	U	17.94



Dakota Cougars Track & Field Invitational 2009

Girls Results

100 Meter Dash(FAT)

FINALS

1	Shayla France	LC	12.62 Ties MR/SR*
2	Ashley Flinn	ROM	13.01
3	Caitlin Moore	GPS	13.20
4	Jocelyn Jenkins	LC	13.22
5	Stephanie Lanza	IKE	13.27
6	Taylor Earls	CVS	13.51
7	Laura Huth	U	13.56
8	Stephanie Cuniberti	DAK	13.67

800 Meter Relay

Heat # 1

1	Romeo	1:55.4
2	Utica	1:57.5
3	L'anse Creuse North	1:58.4
4	Notre Dame Prep	2:00.8

Heat # 2

1	L'anse Creuse (Cadeisha Watters, Joeslyn Jenkins, Dominique Perrone, Shayla France)	1:48.6
2	Fraser	1:50.6
3	Eisenhower	1:51.2
4	Dakota	1:53.2
5	Grosse Pt. South	1:53.5
6	South Lake	1:54.0
7	Regina	1:54.2
8	Mt. Clemens	1:54.6

1600 Meter Run

Heat # 1

1	Kelley Miko	LC	5:29.9
2	Gina Valgoi	REG	5:30.3
3	Shelby Jackson	ROM	5:40.2
4	Hannah Pugh	DAK	5:41.5
5	Liz Barron	ND	5:45.2
6	Danielle Miller	FRA	5:46.8
7	Margaret Levasseur	GPS	5:47.7
8	Krista Holka	LC	5:49.1

400 Meter Relay

Heat # 1

1	L'anse Creuse (Cadeisha Watters, Joeslyn Jenkins, Dominique Perrone, Shayla France)	51.3
2	Eisenhower	51.9
3	Fraser	52.5
4	Dakota	52.9
5	Mt. Clemens	53.8
6	Romeo	54.0
7	Regina	54.3
8	South Lake	55.5

Heat # 2

1	L'anse Creuse North	54.8
2	Utica	55.6
3	Notre Dame	56.6
4	Lutheran North	DQ

400 Meter Dash

Heat #1

1	Monique Mathis	MC	1:06.0
2	Erin Cupps	CV	1:09.2
3	Arielle Loyson	ROM	1:10.3
4	Jasmine Owens	FITZ	1:22.1

Heat #2

1	Cami Percy * (6)	LCN	1:05.1
2	Majorie Gatson * (8)	CV	1:05.7
3	Alicia Kellogg	DAK	1:06.1
4	Heather Thomas	LC	1:06.6
5	Katlin Davis	IKE	1:07.3
6	Megan Kennedy	LCN	1:09.2
7	Hannah Girard	LN	1:10.2
8	Natalie Hlavhey	REG	1:10.4

Heat #3

1	Amanda Mergaert * (1)	U	1:01.0
2	Kelly Ferguson *(2)	U	1:02.3
3	Chelsea Piper * (3)	DAK	1:03.3
4	Danielle Vallier*(4)	FRA	1:04.0
5	Emily Glidden* (5)	IKE	1:04.7
6	Lauryn Giles *(7)	SL	1:05.2
7	Marie Mets	ROM	1:05.9
8	Jaclyn Wilson	ND	1:06.1

300 Meter Hurdles

Heat #1

1	Whitney Vann	LC	57.0
2	Nina Cicchelli	DAK	57.7
3	Amanda Ranusch	REG	59.0
4	Shamole Ahmed	FITZ	59.5
5	Marina Bommarito	LN	59.9
6	Elizabeth Viviano	LN	1:01.0
7	Samantha Asman	REG	1:01.5
8	Regan Steen	SL	1:06.4

Heat #2

1	Callan Roberts *(6)	LC	53.7
2	Megan Coltman * (7)	IKE	54.0
3	Laura Fett* (8)	DAK	54.3
4	Kristen Korycinski	DAK	56.0
5	Carlay Stahl	LC	56.5
6	Leslie Yu	FRA	57.6
7	Bianca Brown	SL	57.9
8	Katie Bova	FRA	1:05.6

Heat #3

1	Brooke Bielaniec *(1)	IKE	49.8
2	Sarah Youngblood *(2)	GPS	51.0
3	Caymen Novak* (3)	ROM	51.2
4	Veronica Schacht*(4)	GPS	52.3
5	Natalie DeLave* (5)	ND	52.6
6	Stephanie Rutila	ND	54.5
7	Hannah Demil	POM	54.8
8	Shakira Harrington	IKE	55.5



Dakota Cougars
Track & Field Invitational
2009
Girls Results

9th Grade 800 Meter Run

Heat #1

1	Ivana Kakos	GPS	2:38.7
2	Abby Filkoski	LN	2:42.8
3	Grace Pytell	FRA	2:45.2
4	Hannah Schilling	LN	2:45.6
5	Arianna Davidson	REG	2:55.2
6	Alexa Noyes	IKE	2:55.5
7	Juliana Carabelli	IKE	3:00.4
8	Haley Liem	ND	3:04.0

JV Grade 800 Meter Run

Heat #1

1	Michaela Houff	GPS	2:44.6
2	ClareConway	GPS	2:45.3
3	Sophie Kohrman	DAK	2:46.1
4	Janell Herrick	DAK	2:47.9
5	Shaina Kulczycki	CVS	2:48.6
6	Gena Buchman	LN	2:51.5
7	Brooke Verlinden	DAK	2:55.0
8	Sara Kidd	IKE	2:56.3

800 Meter Run

Heat #1

1	Amanda Mergaert	U	2:21.3
2	Autumn Cleverley	AB	2:23.1
3	Sara Barron	ND	2:25.1
4	Cecilia Pope	AB	2:31.4
5	Kelley Miko	LC	2:33.7
6	Shawna Maeder	DAK	2:34.1
7	Colette Chapp	REG	2:35.0
8	Hannah Pugh	DAK	2:35.2

200 Meter Dash(FAT)

FINALS

1	Shayla France	LC	26.06
2	Blossom Metevier	IKE	26.91
3	Cadeisha Watters	LC	27.21
4	Meaghan Ogonowski	REG	27.53
5	Monique Mathis	MC	28.44
6	Kaylene Nickens	SL	28.68
7	Jessica Pizzini	DAK	28.71
8	Majorie Gatson	CV	28.73

3200 Meter Run

1	Gina Vagoli	REG	11:55.1
2	Kayla Pfund	LN	12:05.5
3	Krista Holka	LC	12:28.4
4	Liz Barron	ND	12:31.4
5	Rose Propst	ROM	12:47.3
6	Sarah Ball	DAK	12:49.7
7	Tara Geralt	DAK	13:02.7
8	Hannah Markison	CV	13:06.1

JV 1600 Meter Relay

Heat #1

1	Dakota-D	5:13.3
2	Notre Dame Prep	5:36.1

Heat #2

1	Dakota-A (Janell Herrick, Alicia Kellogg, Nicole Provencher, Laura Fett)	4:42.5
2	Notre Dame	4:42.8
3	Dakota-B	4:43.6
4	Dakota-C	4:59.1
5	Regina	5:01.4
6	IKE	5:03.3
7	South Lake	5:25.0

1600 Meter Relay

Heat #1

1	Dakota (Kathryn Ugorowski, LaQwana Dockery, Shawna Maeder, Chelsea Piper)	4:19.6
2	L'anse Creuse	4:28.9
3	Fraser	4:29.2
4	Regina	4:30.5
5	South Lake	4:31.6
6	Notre Dame Prep	4:42.2
7	Eisenhower	DQ

High Jump

1	Erica Young	MC	5' 1" Ties MR
2	Kelly Kirkpatrick	LCN	4' 11"
2	Carlay Stahl	LC	4' 11"
4	Stephanie Cuniberti	DAK	4' 11"
5	Samantha Hull	CV	4' 8"
6	Andrea Kyser	SL	4' 8"
6	LaQwana Dockery	DAK	4' 8"
6	Bertice Hubbard	MC	4' 8"
9	Pilan Mackey	GPS	4' 8"
9	Holly Dryer	IKE	4' 8"
11	Ashley Thomas	DAK	4' 5"
12	Ali Fowler	GPS	4' 5"
13	A. Brewer	ROM	4' 5"
13	Liz Chilcutt	LC	4' 5"
15	Paula Blount	REG	4' 5"
16	Molly McKeon	U	4' 5"
16	Sarah Youngblood	GPS	4' 5"
18	Dashia Johnson	FRA	4' 2"
18	Gina Apone	ND	4' 2"
18	Jen Soboleski	ROM	4' 2"
21	Meris Fry	LC	4' 2"
22	K. Jubour	ROM	NH



Dakota Cougars Track & Field Invitational 2009

Girls Results

Discus

1	Emily Kujawski	DAK	106' 5"
2	Havanna Daniels	LCN	101' 6"
3	Chelsea Gilbert	GPS	98' 10"
4	Breanna James	REG	96' 10"
5	Kara Lotan	ROM	96' 2"
6	Melissa Rospierski	LCN	95' 9"
7	Jenna Koth	LCN	90' 3 1/2"
8	Jessica Kaczmarek	REG	82' 8"
9	Katie Farrelli	ROM	82' 1"
10	Kendal Novak	ROM	81' 3"
11	Anne Press	LC	80' 2"
12	Allis Makdisi	IKE	80' 0 1/2"
13	Dev Beauchaine	FRA	79' 9"
14	Adrienne Thomas	DAK	78' 11 1/2"
15	Kaitlin Grzybowski	FRA	75' 9"
16	Shelly Payne	REG	75' 9"
17	Anna Brunzman	FRA	75' 3"
18	Anjanae Reed	SL	74' 6"
19	Courtney Maynard	GPS	74' 5"
20	Jenna Gelewski	LN	72' 5"
21	Emily Nycholas	DAK	71' 6 1/2"
22	Sheena Bishop	U	71' 1"
23	Allie Choma	GPS	68' 11"
24	Tori Balzer	U	67' 5"
25	Ashley Henry	CV	67' 4"
26	Jessica Kowynia	LN	65' 9"
27	Maida Sabanovic	LC	65' 2"
28	Devine Blacksher	ND	64' 8"
29	Joslin Monk	MC	61' 5"
30	Lauren Guiles	LN	58' 5"
31	Jaclyn Wilson	ND	58' 2"
32	Tatiana Bailey	SL	52' 11 1/2"
33	Sondria Patterson	MC	36' 10"
34	Stephanie Stull	CV	36' 6 1/2"
35	Chelsey Smith	LC	FOUL

Pole Vault

1	Jessica Pizzini	DAK	10' 6" MR
2	Kelsey Hinz	DAK	10' 0"
3	Gwen Scruggs	DAK	9' 6"
4	Jennifer Schornak	DAK	9' 6"
5	Molly Bonfiglio	OX	9' 0"
6	Katherine Bosetti	OX	9' 0"
6	Jacqueline Williams	LV	9' 0"
8	Kayla Zauner	PHN	8' 6"
9	Sarah Kaptor	IKE	8' 6"
10	Sarah Hillerbrand	OX	8' 0"
11	Sydney Burke	GPS	8' 0"
12	Madi Kaiser	GPS	7' 6"
12	Lorina Accetta	IKE	7' 6"
14	Olivia Zachmann	LC	7' 6"
15	Emily Kaptor	IKE	7' 6"
16	Jenn Trainor	U	7' 0"
17	Kaytlyn Jabour	ROM	7' 0"
	Elizabeth Chilcutt	LC	NH
	Caroline Hartman	GPS	NH

Long Jump

1	Makenzie Frodle	FRA	16' 9"
2	Meaghan Ogonowski	REG	16' 4 3/4"
3	Dominique Perrone	LC	16' 1"

4	Erica Young	MC	15' 9"
5	Amanda Gachewicz	IKE	15' 5 1/4"
6	Andrea Kyser	SL	15' 5"
7	Jane Fountain	ND	15' 4 1/4"
8	Chris Marcinkowski	IKE	15' 3"
9	Valentina Johnson	MC	15' 1 1/4"
10	Sarah Youngblood	GPS	14' 11 1/2"
11	Ashley Thomas	DAK	14' 8 1/4"
12	Kayman Novak	ROM	14' 4 3/4"
13	Callan Roberts	LC	13' 11 3/4"
14	Kelsey Hinz	DAK	13' 8"
15	Erin Kupps	CV	13' 8"
16	Annika Barkovic	REG	13' 7 1/2"
17	Jennifer Schornak	DAK	13' 5"
18	India Dean	SL	13' 1 1/2"
19	Liz Chilcutt	LC	13' 0 1/4"
20	Marie Mets	ROM	12' 6 3/4"
21	Kelsey Krawieck	ROM	12' 4"
22	Lynsey Paganes	REG	12' 2"
23	Marina Bommarito	LN	11' 3 3/4"
24	Elizabeth Viviano	LN	11' 1 3/4"
25	Shamole Ahmed	FITZ	10' 3 3/4"
26	Cheryl Hayes	FITZ	9' 1 1/2"
27	Rael Thibault	LN	9' 0"

Shot Put

1	Chelsea Gilbert	GPS	36' 9"
2	Jenna Koth	LCN	35' 0"
3	Emily Kujawski	DAK	34' 5"
4	Anjanae Reed	SL	34' 3"
5	Breanna James	REG	32' 11"
6	Havanna Daniels	LCN	32' 9"
7	Dev Beauchaine	FRA	32' 4"
8	Jane Fountain	ND	32' 0"
9	Kara Lotan	ROM	31' 6"
10	Danielle Weng	LCN	30' 2"
11	Adrienne Thomas	DAK	29' 9"
12	K. Sylvia	ROM	28' 10"
13	Erika Holevar	LN	28' 3"
14	Jessica Kaczmarek	REG	27' 11"
15	Shelly Payne	REG	27' 7"
16	Joslin Monk	MC	27' 6"
17	Anna Brunzman	FRA	26' 11"
18	Tori Balzer	U	26' 6"
19	Kaitlin Grzybowski	FRA	26' 4"
20	Allie Choma	GPS	26' 3"
21	Amanda Carmack	LC	26' 0"
22	Emily Jackman	GPS	25' 3"
23	Nikki Neitz	IKE	24' 10"
24	Janay Wheeler	LC	24' 5"
25	Lauren Guiles	LN	24' 4"
26	Ashley Henry	CV	24' 1"
27	Lindsay Churches	DAK	24' 0"
28	Kaitlin Clark	ND	23' 1"
29	Stephanie Kehrig	LN	22' 1"
30	Brianna Covvodo	U	19' 7"
31	Stephanie Stull	CV	19' 1"
32	Tatiana Bailey	SL	19' 0"
33	Ashley Anderson	U	17' 0"

MR=Meet Record/SR=Stadium Record