

2021 ANCHOR BAY RELAYS

8:00 AM BUSES Depart Dakota Stadium

9:45 a.m. Coaches meeting @ finish line

Top 6 teams in each event medal and score.

10 a.m. FIELD EVENTS

Three entries per team. Distances will be added up to determine a team score.

Discus with shot put to follow (boys)

Shot put with discus to follow (girls)

Girls high jump opens at 4'0" in five alive format, once girls are complete boys will start 15 minutes later with opening at 5'0" also in five alive format

Long jump is open order (boys and girls simultaneously), 3 jumps, with pit open until 1 p.m.

Boys pole vault opens at 7' and will be contested in five alive format. Once boys are complete, girls will start 15 minutes later with opening height 6'. First raise will be one foot for both followed by 6" raises.

Running events (10:30 a.m. start) -- GIRLS GO FIRST IN ALL

XC 3200m run (three member team with places added together for team score. Runs off track. This will go while field events are going). NOTE: Girls will run first then boys. Final call will be made after girls race starts, athletes will be brought to start area 10 minutes after girls race starts.

OPEN 100m dash prelims (limit 2 entries per school). This is a semifinal. Heat winners and next 6 fastest times advance to final.

800 meter relay

4x200m shuttle hurdle relay (girls 30"; boys 33") Athletes will start on 200 meter start lines and reverse of white start lines at common start/finish. Outgoing athlete may not leave until incoming athlete passes them.

***** 30 min lunch break*****

3200m relay

100m dash FINALS

OPEN 1600 meter run -- on track, limit 2 entries max per school

400 meter relay

Tars relay ([600-200-400-800](https://www.locallevelvents.com/events/details/15188)) NOTE that in athletic.net this is listed as SMR [600-200-400-800](https://www.locallevelvents.com/events/details/15188)

Shot/Discus 400 meter relay

1600 meter relay

Tickets for Saturday's meet are limited to 2 fans per participating athlete. Tickets must be bought in advance; there will be no day of ticket sales. Please stress this with your athletes and their parents. We are limited to 1,000 total in the complex, including competitors and meet workers.

The link to purchase tickets can be found here: <https://www.locallevelvents.com/events/details/15188>

Meet Entries	Saturday, May 1, 2021
---------------------	-----------------------

Athlete Entries for: Macomb Dakota

Mens

Jake Anargyros - 12

V-A5 SMR 600-200-400-800m 4:53.00
V-A3 4x400 Relay 3:46.00

John Bennett - 10

V-A1 4x100 Relay 45.00

Vincent Bogovican - 11

V Shot Put 42' 10
V-A3 4x100 Throwers Relay 1:02.00
V Discus 104' 2

Owen Clancy - 10

V 3200 Meters 12:08.86

Evan Combs - 9

V-A1 4x400 Relay 3:46.00
V-A2 SMR 600-200-400-800m 4:53.00

Alexander Dabrowski - 11

V Long Jump 16' 10.5

Zachary Droski - 12

V Long Jump
V Discus 124' 3
V High Jump 5' 6
V-A1 4x100 Throwers Relay 1:02.00

Carson Gilbertson - 10

V 1600 Meters 5:13.80

Jacob Harberts - 12

V-A4 SMR 600-200-400-800m 4:53.00
V-A3 4x800 Relay 8:18.00

Alexander Kraus - 12

V 3200 Meters 11:05.76

Owen McDonald - 11

V-A4 4x200 Relay 1:35.00
V-A5 4x100 Relay 45.00

Andrew Milosavlevski - 12

V-A1 4x800 Relay 8:18.00
V-A1 SMR 600-200-400-800m 4:53.00

Evan Misajlovski - 12

V-A2 4x200m Shuttle Hurdles 2:00.00

Alfonso Mocerì - 12

V-A4 4x400 Relay 3:46.00
V 1600 Meters 4:58.63

Jack Murray - 12

V Discus 145' 3
V-A2 4x100 Throwers Relay 1:02.00
V Shot Put 40' 5

Womens

Sienna Avery - 9

V Pole Vault 6' 0

Mariah Belmont - 9

V-A1 4x800 Relay 9:49.00
V-A1 4x400 Relay 4:22.00

Nicole Campbell - 12

V 3200 Meters

Mia Dagati - 11

V Pole Vault 7' 6
V-A1 4x100 Relay 53.00
V-A2 4x200m Shuttle Hurdles 2:15.00
V Long Jump 14' 2.25

Isabella Fitzgerald - 9

V High Jump 4' 7
V 100 Meters 13.85
V-A5 4x200 Relay 1:52.00

Ella Garbarino - 12

V 3200 Meters

Jayden Harberts - 9

V-A4 4x400 Relay 4:22.00
V-A4 4x800 Relay 9:49.00

Chelsea Harvey - 11

V Long Jump 14' 8.25
V-A2 4x200 Relay 1:52.00
V-A3 SMR 600-200-400-800m 5:58.00

Lindsay Harvey - 10

V-A4 SMR 600-200-400-800m 5:58.00
V 1600 Meters 6:00.12

Angelina Isakov - 10

V-A3 4x200 Relay 1:52.00
V High Jump 5' 6
V-A2 SMR 600-200-400-800m 5:58.00

Gabrielle Jones - 11

V Long Jump 14' 10
V-A1 4x200 Relay 1:52.00
V-A1 4x200m Shuttle Hurdles 2:15.00
V Pole Vault

Janan Khalil - 12

V Discus 125' 2
V-A1 4x100 Throwers Relay 1:05.00
V Shot Put 33' 4.5

Gianah Krok - 11

V-A2 4x100 Throwers Relay 1:05.00
V Shot Put 30' 8

Yasir Naji - 12

V Pole Vault 8' 0

Keyone Nixon - 11

V-A2 4x100 Relay 45.00

V 100 Meters 11.82

Caden Ott - 12

V Pole Vault 11' 0

V-A3 4x200m Shuttle Hurdles 2:00.00

Dominic Pacifico - 10

V-A2 4x400 Relay 3:46.00

Nick Reaume - 9

V-A5 4x800 Relay 8:18.00

Gavin Rozak - 9

V Pole Vault 8' 0

Matthew Singer - 12

V-A3 SMR 600-200-400-800m 4:53.00

V-A4 4x800 Relay 8:18.00

V-A1 4x200m Shuttle Hurdles 2:00.00

Riley Smalarz - 11

V Shot Put 39' 9.5

V-A4 4x100 Throwers Relay 1:02.00

DJ Stepney - 12

V 100 Meters 11.99

V-A4 4x100 Relay 45.00

Jordan Vernon - 12

V Long Jump 18' 10.5

V High Jump 5' 3

V-A4 4x200m Shuttle Hurdles 2:00.00

V-A1 4x200 Relay 1:35.00

Jacob Vohs - 11

V-A2 4x800 Relay 8:18.00

Luke Waschewski - 12

V-A3 4x200 Relay 1:35.00

V-A3 4x100 Relay 45.00

Zachary Webb - 12

V High Jump 6' 6

V-A2 4x200 Relay 1:35.00

Connor Whitaker - 12

V 3200 Meters 12:08.86

Ava LaMilza - 10

V-A1 SMR 600-200-400-800m 5:58.00

V 1600 Meters 6:05.17

Kimberly Martin - 11

V-A6 4x200m Shuttle Hurdles 2:15.00

Emma Mathers - 12

V 3200 Meters

Danielle Modock - 10

V 100 Meters 13.25

V-A4 4x100 Relay 53.00

V-A4 4x200 Relay 1:52.00

Emma Myziuk - 12

V-A3 4x400 Relay 4:22.00

V-A3 4x800 Relay 9:49.00

Kelly Parker - 12

V-A5 4x200m Shuttle Hurdles 2:15.00

Emma Payne - 11

V-A2 4x100 Relay 53.00

Lauren Schlackman - 12

V-A3 4x200m Shuttle Hurdles 2:15.00

V High Jump 4' 6

Celia Sikowski - 10

V-A3 4x100 Relay 53.00

Katelyn Slone - 12

V-A2 4x400 Relay 4:22.00

V-A2 4x800 Relay 9:49.00

Michelle Teremi - 12

V-A3 4x100 Throwers Relay 1:05.00

V Discus 103' 7

Ava Thomas - 10

V-A4 4x200m Shuttle Hurdles 2:15.00

Jennifer Zaprawa - 12

V-A4 4x100 Throwers Relay 1:05.00

V Shot Put 34' 4

V Discus 111' 11

Meet Entries	Saturday, May 1, 2021
---------------------	-----------------------

Event Entries for: Macomb Dakota

Mens

100 Meters (1:01 AM)

V: 2		Seed
V	11 Keyone Nixon	11.82
V	12 DJ Stepney	11.99

1600 Meters (1:01 AM)

V: 2		Seed
V	12 Alfonso Mocerri	4:58.63
V	10 Carson Gilbertson	5:13.80

3200 Meters (1:01 AM)

V: 3		Seed
V	12 Alexander Kraus	11:05.76
V	10 Owen Clancy	12:08.86
V	12 Connor Whitaker	12:08.86

4x100 Relay (1:01 AM)

V: 5		Seed
V-A1	10 John Bennett	45.00
V-A2	11 Keyone Nixon	45.00
V-A3	12 Luke Waschewski	45.00
V-A4	12 DJ Stepney	45.00
V-A5	11 Owen McDonald	45.00

4x100 Throwers Relay (1:01 AM)

V: 4		Seed
V-A1	12 Zachary Droski	1:02.00
V-A2	12 Jack Murray	1:02.00
V-A3	11 Vincent Bogovican	1:02.00
V-A4	11 Riley Smalarz	1:02.00

4x200 Relay (1:01 AM)

V: 4		Seed
V-A1	12 Jordan Vernon	1:35.00
V-A2	12 Zachary Webb	1:35.00
V-A3	12 Luke Waschewski	1:35.00
V-A4	11 Owen McDonald	1:35.00

4x400 Relay (1:01 AM)

V: 4		Seed
V-A1	9 Evan Combs	3:46.00
V-A2	10 Dominic Pacifico	3:46.00
V-A3	12 Jake Anargyros	3:46.00
V-A4	12 Alfonso Mocerri	3:46.00

4x800 Relay (1:01 AM)

V: 5		Seed
V-A1	12 Andrew Milosavljevski	8:18.00
V-A2	11 Jacob Vohs	8:18.00
V-A3	12 Jacob Harberts	8:18.00
V-A4	12 Matthew Singer	8:18.00
V-A5	9 Nick Reaume	8:18.00

SMR 600-200-400-800m (1:01 AM)

V: 5		Seed
V-A1	12 Andrew Milosavljevski	4:53.00

Womens

100 Meters (1:01 AM)

V: 2		Seed
V	10 Danielle Modock	13.25
V	9 Isabella Fitzgerald	13.85

1600 Meters (1:01 AM)

V: 2		Seed
V	10 Lindsay Harvey	6:00.12
V	10 Ava LaMilza	6:05.17

3200 Meters (1:01 AM)

V: 3		Seed
V	12 Nicole Campbell	
V	12 Ella Garbarino	
V	12 Emma Mathers	

4x100 Relay (1:01 AM)

V: 4		Seed
V-A1	11 Mia Dagati	53.00
V-A2	11 Emma Payne	53.00
V-A3	10 Celia Sikowski	53.00
V-A4	10 Danielle Modock	53.00

4x100 Throwers Relay (1:01 AM)

V: 4		Seed
V-A1	12 Janan Khalil	1:05.00
V-A2	11 Gianah Krok	1:05.00
V-A3	12 Michelle Teremi	1:05.00
V-A4	12 Jennifer Zaprawa	1:05.00

4x200 Relay (1:01 AM)

V: 5		Seed
V-A1	11 Gabrielle Jones	1:52.00
V-A2	11 Chelsea Harvey	1:52.00
V-A3	10 Angelina Isakov	1:52.00
V-A4	10 Danielle Modock	1:52.00
V-A5	9 Isabella Fitzgerald	1:52.00

4x400 Relay (1:01 AM)

V: 4		Seed
V-A1	9 Mariah Belmont	4:22.00
V-A2	12 Katelyn Slone	4:22.00
V-A3	12 Emma Myziuk	4:22.00
V-A4	9 Jayden Harberts	4:22.00

4x800 Relay (1:01 AM)

V: 4		Seed
V-A1	9 Mariah Belmont	9:49.00
V-A2	12 Katelyn Slone	9:49.00
V-A3	12 Emma Myziuk	9:49.00
V-A4	9 Jayden Harberts	9:49.00

SMR 600-200-400-800m (1:01 AM)

V: 4		Seed
V-A1	10 Ava LaMilza	5:58.00
V-A2	10 Angelina Isakov	5:58.00

V-A2 9 Evan Combs 4:53.00
V-A3 12 Matthew Singer 4:53.00
V-A4 12 Jacob Harberts 4:53.00
V-A5 12 Jake Anargyros 4:53.00

4x200m Shuttle Hurdles (1:01 AM)

V: 4	Seed
V-A1 12 Matthew Singer	2:00.00
V-A2 12 Evan Misajlovski	2:00.00
V-A3 12 Caden Ott	2:00.00
V-A4 12 Jordan Vernon	2:00.00

Shot Put (1:01 AM)

V: 3	Seed
V 11 Vincent Bogovican	42' 10
V 12 Jack Murray	40' 5
V 11 Riley Smalarz	39' 9.5

Discus (1:01 AM)

V: 3	Seed
V 12 Jack Murray	145' 3
V 12 Zachary Droski	124' 3
V 11 Vincent Bogovican	104' 2

High Jump (1:01 AM)

V: 3	Seed
V 12 Zachary Webb	6' 6
V 12 Zachary Droski	5' 6
V 12 Jordan Vernon	5' 3

Pole Vault (1:01 AM)

V: 3	Seed
V 12 Caden Ott	11' 0
V 12 Yasir Naji	8' 0
V 9 Gavin Rozak	8' 0

Long Jump (1:01 AM)

V: 3	Seed
V 12 Jordan Vernon	18' 10.5
V 11 Alexander Dabrowski	16' 10.5
V 12 Zachary Droski	

V-A3 11 Chelsea Harvey 5:58.00
V-A4 10 Lindsay Harvey 5:58.00

4x200m Shuttle Hurdles (1:01 AM)

V: 6	Seed
V-A1 11 Gabrielle Jones	2:15.00
V-A2 11 Mia Dagati	2:15.00
V-A3 12 Lauren Schlackman	2:15.00
V-A4 10 Ava Thomas	2:15.00
V-A5 12 Kelly Parker	2:15.00
V-A6 11 Kimberly Martin	2:15.00

Shot Put (1:01 AM)

V: 3	Seed
V 12 Jennifer Zaprawa	34' 4
V 12 Janan Khalil	33' 4.5
V 11 Gianah Krok	30' 8

Discus (1:01 AM)

V: 3	Seed
V 12 Janan Khalil	125' 2
V 12 Jennifer Zaprawa	111' 11
V 12 Michelle Teremi	103' 7

High Jump (1:01 AM)

V: 3	Seed
V 10 Angelina Isakov	5' 6
V 9 Isabella Fitzgerald	4' 7
V 12 Lauren Schlackman	4' 6

Pole Vault (1:01 AM)

V: 3	Seed
V 11 Mia Dagati	7' 6
V 9 Sienna Avery	6' 0
V 11 Gabrielle Jones	

Long Jump (1:01 AM)

V: 3	Seed
V 11 Gabrielle Jones	14' 10
V 11 Chelsea Harvey	14' 8.25
V 11 Mia Dagati	14' 2.25