



Dakota Cougars Track & Field Invitational 2008

Girls Results

Shot Put

1	Anjanae Reed	SL	37' 10"
2	Chelsea Gilbert	GPS	36' 8"
3	Alex Strango	Regina	34' 11"
4	Megan Felcyn	DAK	34' 3"
5	Candace Hurt	Regina	34' 0"
6	Breanna James	Regina	33' 8"
7	Havanna Daniel	LCN	33' 3"
8	Ariel Clay	CHS	31' 9"
9	Emily Belarski	CHS	29' 4"
10	Brittany Chapman	LV	28' 10"
11	Melissa Rospierski	LCN	28' 8"
12	Jenny Barrett	CHS	28' 1"
13	Adrienne Thomas	DAK	27' 8"
14	Jenna Koth	LCN	27' 4"
15	Ashley Ross	LV	26' 7"
16	Rachel Potestato	DAK	26' 4"
17	Emily Zogas	Utica	26' 1"
18	Alyssa Carr	GPS	25' 10"
19	Brittanie Askin	Wayne	25' 8"
20	Maria Cantrell	Mott	25' 8"
21	Meredith Massman	Mott	25' 1"
22	Cloe Walker	IKE	25' 1"
23	Angelina Salamone	LV	24' 8"
24	Ashley Henry	CV	24' 7"
25	Monique Lee	CV	24' 1"
26	Allie Choma	GPS	23' 3"
27	Erika Peabody	IKE	22' 8"
28	Chelsea Miller	Wayne	21' 7"
29	Kaitlyn Haggerty	Mott	21' 4"
30	Jale Roberts	IKE	20' 3"
31	Lalita Hayes	Wayne	20' 2"

Long Jump

1	Katie Steen	GPS	15' 5 1/2"
2	Sara Webber	Mott	15' 5"
3	Meaghan Ogonowski	Regina	15' 1 3/4"
4	Rachel Potestato	DAK	14' 11"
5	Larissa Petrovic	GPS	14' 10 1/2"
6	Amanda Gachewicz	IKE	14' 10 1/4"
7	Chelsea Piper	DAK	14' 10"
8	Lauren Lambert	IKE	14' 1"
9	Kelsey Hinz	DAK	14' 1"
10	Jenell Nadolski	Regina	14' 0 1/2"
11	Melissa Sukennik	CHS	13' 8"
12	Andrea Kyser	SL	13' 6 1/2"
13	Lisa Ceruli	LV	13' 5"
14	Sarah Youngblood	GPS	13' 4 1/2"
15	Sarah Ogonowski	Regina	13' 3 1/4"
16	Christine Marcinkowski	IKE	13' 1"
17	Shaniqua Gaines	SL	12' 2 1/2"
18	Michelle Poulin	CHS	11' 10 1/2"
19	Chi Chi Tuggle	LV	10' 7 1/2"
20	Chera Allois	SL	10' 3 1/2"

Pole Vault

1	Kelsey Hinz	DAK	10' 3"
2	Jessica Pizzini	DAK	10' 2"
3	Gwen Scruggs	DAK	9' 2"
4	Christine Wise	Mott	8' 8"
5	Sarah Kaptor	IKE	8' 2"

6	Lorina Accetta	IKE	8' 2"
7	Jennifer Trainor	Utica	7' 8"
8	Sharon Messina	CHS	7' 8"
9	Sydney Burke	GPS	7' 2"
10	Erin Oloff	CHS	7' 2"
11	Ali Merritt	GPS	6' 8"
11	Erin Shoemaker	GPS	6' 8"
	Ashley Nebel	CHS	NH

High Jump

1	Erin Rajter	Stev	5' 1" TIES MR
2	Stephanie Cuniberti	DAK	5' 0"
3	Ashley Thomas	DAK	5' 0"
4	LaQwana Dockery	DAK	4' 8"
4	Corrin Craig	DAK	4' 8"
4	Kelly Kirkpatrick	LCN	4' 8"
4	Jade Beecher	IKE	4' 8"
4	Holly Dryer	IKE	4' 8"
4	Ashley Novak	CHS	4' 8"
10	Kristen Korycinski	DAK	4' 8"
11	Emily Glidden	IKE	4' 8"
12	Pilar Mackey	GPS	4' 8"
13	Jen MacDonald	SL	4' 8"
14	Rachel Bootka	Utica	4' 5"
14	Lauren Rivard	CHS	4' 5"
14	Asia Body	CHS	4' 5"
17	Paula Blount	Regina	4' 5"
18	Majorie Gatson	CV	4' 5"
18	Kelly Ferguson	Utica	4' 5"
20	Shaniqua Gaines	SL	4' 5"
20	Annie Schulte	Regina	4' 5"
20	Kailey Major	LV	4' 5"
23	Kayla Borkowski	Regina	4' 2"
23	Sabrina Roberts	GPS	4' 2"
23	Clare Conway	GPS	4' 2"
	Adriana Kubica	LV	NH
	Francis Jackson	Wayne	NH

Discus

1	Megan Felcyn	DAK	119' 5"
2	Melissa Rospierski	LCN	100' 9"
3	Brenna James	Regina	98' 8"
4	Alex Stranger	Regina	95' 5"
5	Chelsea Gilbert	GPS	94' 5"
6	Havanna Daniel	LCN	93' 7"
7	Emily Belarski	CH	92' 6"
8	Emily Zogas	UTICA	91' 9"
9	Candace Hurt	Regina	82' 2"
10	Allie Makdisi	IKE	78' 4"
11	Sarah Mozdrzech	DAK	74' 6"
12	Ashley Ross	CV	73' 11"
13	Jenna Koth	LCN	72' 10"
14	Erika Peabody	IKE	71' 7"
15	Brittany Chapman	CV	70' 9"
16	Monique Lee	CV	69' 9"
17	Rachel Potestato	DAK	68' 6"
18	Brittanie Askin	Wayne	68' 3"
19	Jenny Barrett	CHS	67' 7"
20	Julie Roberts	IKE	67' 7"
21	Maria Cantrell	Mott	61' 11"
22	Michelle Pouline	CHS	61' 8"
23	Meredith Massman	Mott	61' 7"
24	Alyssa Carr	GPS	61' 4"



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Girls Results

25	Angelina Salamone	CV	61' 0"
26	Anjanae Reed	SL	59' 4"
27	Ashley Henry	CV	57' 1"
28	Chelsea Miller	Wayne	55' 0"
29	Lalita Hayes	Wayne	49' 8"
30	Courtney Maynard	GPS	F

9th Grade 1600 Meter Run

Heat #1

1	Walmsley	IKE	5:41.5 MR
2	Hannah Pugh	DAK	5:46.5
3	Levasseur	GPS	6:02.4
4	Cogiel	Utica	6:04.9
5	Robinson	GPS	6:12.4
6	Brooke Verlinden	DAK	6:20.7
7	Stichhaller	CV	6:21.7
8	Sophie Kohrman	DAK	6:22.5

JV Grade 1600 Meter Run

Heat #1

1	Tess Sheldon	GPS	5:59.5
2	Katie Lanza	GPS	6:07.0
3	Jane Harness	GPS	6:10.1
4	Emily Weiss	CV	6:19.0
5	Lisa Matuszak	Mott	6:24.2
6	Rebekah Hughes	Mott	6:25.8
7	Carly Engel	GPS	6:30.2
8	Megan Filzek	IKE	6:31.3

High Hurdles

Prelim #1

1	Breanna Peabody	Utica	14.7
2	Kristin Dara	Stev	17.0
3	Nicole Fabilli	CV	17.1
4	Megan Coltman	IKE	17.4
5	Asia Body	CHS	17.7
6	Haley Sanders	DAK	18.5
7	Katie Nowak	GPS	19.7

Prelim #2

1	Erin Rajter	Stev	16.2
2	Jenny Trainor	Utica	17.2
3	Missy Denys	Regina	17.6
4	Melissa Sukiennik	CHS	17.7
5	Kelly Kirkpatrick	LCN	17.8
6	Jackie Williams	LV	18.9
7	Laura Fett	DAK	19.1
8	Patty Kallas	CV	23.5

Prelim #3

1	Shakira Harrington	IKE	16.3
2	Ariel Almanza	LV	16.9
3	Kelly Brosky	Regina	17.5
4	Ashlee Sokalski	LCN	17.6
5	Aniela Schacht	GPS	17.7
6	Shelby Piper	Utica	19.4
7	Shaun Kallas	CV	19.5
8	Mallory Rajter	Stev	19.5

Semifinal #1

1	Breanna Peabody	Utica	14.7
2	Ariel Almanza	LV	16.8
3	Kristin Dara	Stev	16.9

4	Missy Denys	Regina	17.0
5	Kelly Brosky	Regina	17.3
6	Aniela Schacht	GPS	17.4
7	Melissa Sukiennik	CHS	17.6
8	Haley Sanders	DAK	18.2

Semifinal #2

1	Erin Rajter	Stev	16.1
2	Shakira Harrington	IKE	16.6
3	Jenny Trainor	Utica	16.7
4	Nicole Fabilli	CV	16.9
5	Megan Coltman	IKE	17.0
6	Ashlee Sokalski	LCN	17.3
7	Kelly Kirkpatrick	LCN	17.4
8	Asia Body	CHS	17.6

FINALS

1	Breanna Peabody	Utica	14.4 MR /SR
2	Erin Rajter	Stev	16.1
3	Shakira Harrington	IKE	16.5
4	Nicole Fabilli	CV	16.8
5	Ariel Almanza	LV	16.9
6	Jenny Trainor	Utica	17.1
7	Kristin Dara	Stev	17.2
8	Missy Denys	Regina	17.3

100 Meter Dash

Prelim #1

1	Allysson Bodenbach	CV	12.7
2	Jackie Larsh	LCN	13.2
3	Kierra Crews	CHS	13.3
4	Dariella Twilley	SL	13.9
5	Rebecca DeWitt	Regina	14.0
6	J'Nai Taylor	Mott	15.9

Prelim #2

1	Jackie Langer	LV	12.7
2	Lauren Lambert	IKE	13.2
3	Meah Long	Wayne	13.4
4	Amanda Ray	GPS	13.6
5	Lauren Doherty	DAK	13.7
6	Rachel Tate	Mott	14.9

Prelim #3

1	Stephanie Lanza	IKE	12.8
2	Josie Terrell	LCN	13.3
3	Ashley Thomas	DAK	13.4
4	Megan DeBoer	GPS	13.5
5	Jorde Hardy	LV	13.6
6	Jessica Ballantine	Utica	14.9

Prelim #4

1	Rochelle Woods	Wayne	13.2
2	Monica Lee	IKE	13.5
3	Sarah Ferdie	LCN	13.6
4	Lisa Cerulli	LV	13.8
5	Aurora Mann	SL	14.0
6	Aliscia Bowen	Regina	14.5

Semifinal #1

1	Allysson Bodenbach	CV	12.9
2	Rochelle Woods	Wayne	13.3
3	Jackie Larsh	LCN	13.4
4	Kierra Crews	CHS	13.5
5	Monica Lee	IKE	13.6
6	Sarah Ferdie	LCN	13.7
7	Megan DeBoer	GPS	13.8



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Girls Results

8	Dariella Twilley	SL	13.9
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Semifinal # 2

1	Jackie Langer	LV	13.2
2	Stephanie Lanza	IKE	13.3
3	Lauren Lambert	IKE	13.5
4	Josie Terrell	LCN	13.6
5	Amanda Ray	GPS	13.7
6	Meah Long	Wayne	13.8
7	Ashley Thomas	DAK	13.9
8	Lisa Cerulli	LV	14.0

FINALS

1	Allysson Bodenbach	CV	12.4 MR /SR
2	Rochelle Woods	Wayne	13.1
3	Jackie Langer	LV	13.2
4	Stephanie Lanza	IKE	13.3
5	Lauren Lambert	IKE	13.4
6	Jackie Larsh	LCN	13.5
7	Kierra Crews	CHS	13.6
8	Josie Terrell	LCN	13.8

9th Grade 200 Meter Dash

Heat #1

1	Meah Long	Wayne	28.9 3 rd
2	Kyla Hodges	DAK	31.1
3	Rachel Witek	CHS	33.8
4	Amani Anderson	CHS	33.9
5	Marquaisa McLaurin	CHS	37.7

Heat #2

1	Veronica Reeber	GPS	28.1 1 st MR
2	Harper Pizzimenti	GPS	28.8 2 nd
3	Princess Sims	LV	29.1 4 th
4	Alex Taylor	IKE	29.7 6 th
5	Kijima Harris	CHS	29.8 7 th
6	Alexis Patton	Regina	30.1
7	Marissa Smith	Utica	30.8
8	Rachel Bootka	Utica	31.8

Heat #3

1	Kaylene Nickens	SL	29.3 5 th
2	Alison Zoltowski	GPS	30.2
3	Andrea Hamilton	GPS	30.9
4	Delaina Hargdes	SL	31.3
5	Sarah Ogonowski	Regina	31.6
6	Carmen Folk	Regina	31.8
7	Kristen Skiera	Regina	32.7
8	Amanda Ranusch	Regina	33.9

Heat #4

1	India Dean	SL	29.9 8 th
2	Adriana Kubica	LV	30.6
3	Chantelle Washington	CHS	31.1
4	Anna Rutkowski	IKE	31.7
5	Drakal Wilkins	LV	32.3
6	Korryn DiNatale	IKE	32.8
7	Samantha Asman	Regina	34.0
8	Natalie Melone	IKE	35.1

Heat #5

1	Carmen Steen	Wayne	31.5
2	Destiny Poe	Wayne	31.9
3	Darnequa Leshore	Mott	32.6
4	Tyler Davis	Wayne	32.7
5	Kortne Shauntee	SL	33.4
6	Emily Miklowski	Regina	35.8

7	Christina Kaslly	Regina	37.8
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8	Alyssa Buscemi	Regina	39.6
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JV 200 Meter Dash

Heat #1

1	Lauren Doherty	DAK	28.3 2 nd
2	Courtney Edwards	Regina	30.9
3	Jenae Harris	CHS	32.4
4	Alexis Robinson	CHS	33.0
5	Meghan Vismara	Regina	35.3

Heat #2

1	Alyssa Magnotte	DAK	28.9 4 th
2	Sade Hayes	Wayne	29.7 6 th
3	Carli Taylor	IKE	30.9
4	Chelsie Hinkle	DAK	31.7
5	Yuri Ouchi	CV	32.7
6	Mary Sheahan	DAK	33.3
7	Ebonee Davis	LV	34.1
8	Lyndsay Coleman	Wayne	34.3

Heat #3

1	Christina Chatman	GPS	29.8 7 th
2	Ashley Lindley	LV	30.6
3	Tiffany Callahan	CHS	30.9
4	Herta Llusho	GPS	31.1
5	Chakarisha Tuggle	LV	31.7
6	Stacy Samojedny	DAK	31.8
7	Sheila Yu	CHS	33.0
8	Chelsea Weisner	IKE	33.4

Heat #4

1	Emily Glidden	IKE	27.3 1 st MR
2	Laura Kwasnik	IKE	28.4 3 rd
3	Chera Allers	SL	29.1 5 th
4	Katharina Schmidt	GPS	30.2 8 th
5	Maddie Peabody	IKE	30.4
6	Theresa Zettner	GPS	30.7
7	Amanda Brotz	IKE	32.7
8	Claire Dossin	GPS	34.3

200 Meter Dash

Semifinal # 1

1	Allysson Bodenbach	CV	26.1
2	Meaghan Ogonowski	Regina	26.2
3	Stephanie Lanza	IKE	27.4
4	Rochelle Woods	Wayne	27.5
5	Kim Grambo	GPS	28.1
6	Rebecca Fett	DAK	28.4
7	Jasmine Charlton	SL	28.5
8	Brittani Baisden	LV	28.6

Semifinal # 2

1	Jenna Lapeer	IKE	26.3
2	Jackie Langer	LV	26.6
3	Majorie Gatson	CV	27.4
4	Nicole Provencher	DAK	27.7
5	Jamie Steis	GPS	27.8
6	Andrea Kyser	SL	28.1
7	Michelle Plummer	LCN	28.3
8	Tina Runyan	Regina	28.6

FINALS

1	Allysson Bodenbach	CV	25.2 MR /SR
2	Meaghan Ogonowski	Regina	26.1



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Girls Results

3	Jenna Lapeer	IKE	26.5
4	Jackie Langer	LV	26.6
5	Majorie Gatson	CV	27.2
6	Rochelle Woods	Wayne	27.9
7	Stephanie Lanza	IKE	28.0
8	Nicole Provencher	DAK	28.2

3200 Meter Relay

1	L'anse Creuse North (Miranda Bauer, Sarah Norris, Kaitlin Kreger, Emily Sharpe)	10:13.6
2	Utica	10:23.0
3	Warren Mott	10:28.8
4	Dakota	10:30.2
5	Eisenhower	10:50.8
6	Cousino	11:32.6
7	Regina	11:34.5

800 Meter Relay

1	Eisenhower (Brooke Bielaniec, Simone Fibilli, Jenna Lapeer, Melena Nicholson)	1:49.0
2	Lakeview	1:51.3
3	Dakota	1:51.5
4	South Lake	1:52.8
5	Grosse Pointe South	1:53.5
6	Lakeview	1:51.3
7	Cousino	1:54.1
8	L'anse Creuse North	1:54.5
9	Wayne Memorial	2:05.4

1600 Meter Run

1	Gina Valgoi	Regina	5:24.8
2	Haley Knoll	Mott	5:30.9
3	Katie Steen	GPS	5:38.7
4	Renee Cholyway	Regina	5:45.5
5	Natalie Battista	Utica	5:48.6
6	Janell Herrick	DAK	5:49.3
7	Kaille McQuiar	IKE	5:56.5
8	Sarah Ball	DAK	5:59.8

400 Meter Relay

1	Eisenhower (Lanza, Bielaniec, Lapeer, Nicholson)	51.9
2	L'anse Creuse North	52.8
3	Cousino	53.3
4	Dakota	53.6
5	Regina	54.0
6	Grosse Pointe South	54.6
7	Lakeview	55.0
8	South Lake	56.3
9	Utica	56.5
10	Wayne Memorial	57.9
11	Warren Mott	58.7

400 Meter Dash

Heat #1

1	Carmen Folk	Regina	1:15.1
2	Julia Szabo	Utica	1:21.5

Heat #2

1	Marjorie Gatson	CV	1:04.1 6 th
2	Cami Percy	LCN	1:04.7 8 th

3	Shakira Herrington	IKE	1:05.1
4	Larissa Petrovic	GPS	1:05.5
5	Rochelle Woods	Wayne	1:06.4
6	Erica Overly	CHS	1:07.9
7	Ashley Novak	CHS	1:08.4
8	Paula Blount	Regina	1:08.7

Heat #3

1	Alysson Bodenbach	CV	58.6 1 st MR/SR
2	Chelesa Piper	DAK	1.01.3 2 nd
3	Simone Fabilli	IKE	1:02.1 3 rd
4	Jen MacDonald	SL	1:02.3 4 th
5	Sara Webber	Mott	1:02.2 5 th
6	Laurn Giles-Marzette	SL	1:04.6 7 th
7	Emily Sharpe	LCN	1:04.8
8	Alicia Kellogg	DAK	1:05.0

300 Meter Hurdles

Heat #1

1	Kayla Borkowski	Regina	54.0
2	Haley Sanders	DAK	54.4
3	Christina Wise	Mott	54.8
4	Laura Fett	DAK	55.5
5	Sarah Kulman	DAK	58.0
6	Emily Saunry	Mott	1:01.7

Heat #2

1	Asia Body	CHS	51.6 5 th
2	Aniela Schacht	GPS	51.7 6 th
3	Sarah Youngblood	GPS	53.1
4	Jenny Trainor	Utica	53.8
5	Kaylene Nickens	SL	53.9
6	Melissa Sukiennik	CHS	54.0
7	Kelly Kirkpatrick	LCN	54.3

Heat #3

1	Breanna Peabody	Utica	44.4 1 st MR/SR
2	Ariel Alamanza	LV	47.2 2 nd
3	Brooke Bielaniec	IKE	48.4 3 rd
4	Megan Coltman	IKE	51.1 4 th
5	Lauren Rivard	CHS	51.9 7 th
6	Kelly Brosky	Regina	52.6 8 th
7	Missy Denys	Regina	54.0

9th Grade 800 Meter Run

Heat #1

1	Hannah Pugh	DAK	2:35.3 MR
2	Jessica Walmsley	IKE	2:36.2
3	Shawna Maeder	DAK	2:40.6
4	Asia Cogiell	Utica	2:48.9
5	Jacqueline Williams	LV	2:50.8
6	Leah Dries	LV	2:52.8
7	Brooke Verlinden	DAK	2:55.8
8	Caitlyn Hurley	Regina	2:56.8

JV Grade 800 Meter Run

Heat #1

1	Emily Zhad	GPS	2:38.7
2	Janell Herrick	DAK	2:41.8
3	Beth Cavanagh	GPS	2:42.9



**Dakota Cougars
Track & Field Invitational
2008**

Girls Results

MR=Meet Record

SR=Stadium Record

4	Ciare Conway	GPS	2:45.6
5	Sarah Norris	LCN	2:46.7
6	Ivana Marchlcwicz	IKE	2:49.8
7	Lisa Matuszak	Mott	2:51.3
8	Sydney Pearsall	Mott	2:52.7

800 Meter Run

1	Amanda Mergaert	Utica	2:19.6 MR /SR
2	Kaitlyn Kreger	LCN	2:23.1
3	Jen Rock	IKE	2:24.8
4	Miranda Bauer	LCN	2:30.4
5	Taylor Knoll	Mott	2:31.5
6	Krysten Neate	DAK	2:35.7
7	Beth Ponkowski	Regina	2:36.2
8	Amanda Finn	CV	2:39.4

3200 Meter Run

1	Jen Rock	IKE	11:44.1
2	Haley Knoll	Mott	12:02.2
3	Jean Hollerbach	GPS	12:14.5
4	Bridget Denny	GPS	12:30.1
5	Natalie Gay	GPS	12:37.0
6	Gina Valgoi	Regina	12:54.0
7	Megan Pittoors	DAK	12:58.0
8	Renee Cholyway	Regina	13:07.5

JV 1600 Meter Relay

Heat #1

1	Eisenhower (A) (Kwasnik, Vicari, Marchlewicz, Szulborski)	4:35.5 MR
2	Grosse Pointe South	4:37.0
3	Dakota (A) (Pugh, Verlinden, Maeder, Fett)	4:46.4
4	Dakota (B)	4:55.4
5	Dakota (C)	4:57.5
6	Eisenhower (B)	4:58.1
7	Utica	5:01.8
8	South Lake	5:06.4
9	Dakota (D)	5:07.4
10	Regina	5:08.4
11	Warren Mott (A)	5:16.6
12	Lakeview (A)	5:18.4
13	Lakeveiw (B)	5:33.1
14	Warren Mott (B)	5:41.9

1600 Meter Relay

Heat #1

1	Utica (Peabody, Battista, Ferguson, Mergaert)	4:14.5
2	L'anse Creuse North	4:16.0
3	Eisenhower	4:18.1
4	Grosse Pointe South	4:24.1
5	Lakeview	4:24.7
6	Dakota	4:29.0
7	South Lake	4:31.9
8	Warren Mott	4:39.2
9	Regina	4:46.0