



# Dakota Cougars Track & Field Invitational 2006

## Girls Results

### Shot Put

1	Ashley Lawrence	TROY	41'0"	MR/SR
2	Krystle Bessler	CL	38'3"	
3	Korene Jones	GPN	36'2"	
4	Chrissy Brinkman	TROY	35'5"	
5	Tiffany Barr	CV	32'5"	
6	Sam Reidt	COUS	31'8"	
7	Mary McDonald	COUS	31'1"	
8	Rebecca Knuth	COUS	31'1"	
9	Lauren Flanagan	GPN	30'9"	
10	Monique White	Dakota	30'8"	
11	Megan Fellyn	Dakota	29'7"	
12	Ashley Anderson	TROY	29'6"	
13	Emily Zogas	Utica	29'2"	
14	Kathy Hanson	WAY	28'5"	
15	Brittany Dallas	WM	28'1"	
16	Shelly Hoover	Utica	28'0"	
17	Elpida Katakis	IKE	27'5"	
18	Chelsey Gilbert	GPS	26'11"	
19	Mayona Arinyode	LC	26'3"	
20	Shantique Bland	FITZ	25'10"	
21	Mia Tate	WM	25'4"	
22	Viefinie Mathelier	CL	25'2"	
23	Amy Shaw	WM	24'11"	
24	Danielle Dombecke	LC	24'9"	
25	Audrey Waggoner	LC	24'8"	
26	Courtney Papenberg	Athens	23'9.5"	
27	Katie Hammond	FITZ	23'9"	
28	Jumella Hooper	Dakota	22'10"	
29	Lindsey Jones	IKE	22'6"	
30	Chelsea Miller	WAY	21'5"	
31	T'aswa Holmes	CL	21'	

### Pole Vault

1	Cassie Cnetosky	Utica	9' 8"	MR
2	Kelsey Hinz	Dakota	9' 2"	
3	Chrisrina Wise	WM	8' 2"	
4	Jessica Pizzini	Dakota	7' 8"	
5	Taylor Wickersham	LC	7' 2"	
5	Amber Trevino	LC	7' 2"	
5	Renee Baril	Utica	7' 2"	
8	Sharon Messini	COUS	7' 2"	
9	Flanagan	GPN	7' 2"	
10	Jackie Kurpinski	COUS	6' 8"	
10	Katie Joswiak	Fraser	6' 8"	
10	Erin Oloff	COUS	6' 8"	
13	Courtney Briggs	LC	7' 8"	
	Annie Subda	Dakota	NH	

### Discus

1	Ashley Lawrence	TROY	133' 9"	MR/SR
2	Krystal Bessler	CL	113' 9"	
3	Audre Waggoner	LC	109' 6"	
4	Chrissy Brinkman	TROY	104' 10"	
5	Mary McDonals	COUS	104' 5"	
6	Megan Felcyn	Dakota	99' 0"	
7	Lauren Flanagan	GPN	95' 8"	
8	Elpida Katakis	IKE	93' 10"	
9	Stephanie Graves	TROY	93' 0"	
10	Brittany Dallas	WM	86' 11"	
11	Danielle Dombecke	LC	83' 6"	
12	Chelsey Gilbert	GPS	83' 2"	
13	Monique White	Dakota	82' 5"	
14	Amy Shaw	WM	79' 1"	
15	Lindsey Jones	IKE	79' 1"	
16	Tiffany Barr	CV	78' 6"	
17	Kathy Hansen	WAY	75' 8"	
18	Virginie Mathelier	CL	75' 4"	

19	Sam Reidt	COUS	74' 4"
20	Mia Tate	WM	73' 8"
21	Rebecca Knoth	COUS	71' 3"
22	Ashley Tocco	Utica	67' 4"
23	Christina Oswald	Utica	66' 3"
24	Mayowa Akinyode	LC	66' 0"
25	Katie LaPanse	GPN	63' 10"
26	Katie Hammond	FITZ	62' 7"
27	Courtney Papenberg	Athens	61' 8"
28	Sarah Zimmerman	Utica	59' 1"
29	Jumella Hooper	Dakota	58' 10"
30	Katie Cuffaro	CL	56' 10"
31	Chelsea Miller	WAY	Foul

### Long Jump

1	Tanisha Johnson	Dakota	17'11 ¼"	MR/SR
2	Alysson Bodenbach	CV	16' ¼"	
3	Andrea Cobb	WM	15'11"	
4	Anitra Peoples	GPN	15'10 ½"	
5	Breanna Peabody	Utica	15'10"	
6	Cassie Chetosky	Utica	15'7 ¾"	
7	Korene Jones	GPN	15'6 ½"	
8	Amanda Gachlewicz	IKE	15' ½"	
9	Megan Ross	LC	14' 6"	
10	Mary Hauswirth	Utica	13'11 ¼"	
11	Haley Sanders	Dakota	14'1"	
12	Laura Kwasnik	IKE	13'9"	
13	Melissa Prlky	CV	13'7 ½"	
14	Chelsea Piper	Dakota	13' ½"	
15	Anthalyce Bonner	WAY	13' ½"	
16	Michelle Mitchener	Athens	12'10"	
17	Lauren Manzano	TROY	12'8 ¾"	
18	Jillian Hobig	LC	12'7 ¼"	
19	Star Cox	TROY	12'2 ½"	
20	Jackie Cobb	WM	12'0"	
21	Melissa Sukiennik	COUS	11'11"	
22	Jame Potter	COUS	11'3 ¾"	
23	Hannah Markinson	CV	9'10 ¾"	

### High Jump

1	Tanisha Johnson	Dakota	5' 0"	MR
2	Julie Diegel	IKE	5' 0"	MR
3	Kim Wilson	Dakota	5' 0"	MR
4	Colleen Barth	IKE	4' 10"	
5	Randie Collins	Utca	4' 10"	
6	Catie Laewen	WM	4' 7"	
7	Asia Body	COUA	4' 7"	
8	Nikki Salgot	TROY	4' 7"	
9	Christine Klien	GPN	4' 4"	
10	Cassie Chetosky	Utica	4' 4"	
11	Jackie Nemesi	TROY	4' 4"	
12	Samantha Sokolski	CV	4' 4"	
13	Shatier Byrel	LC	4' 4"	
14	Taylor Wickersham	LC	4' 4"	
15	Mayowa Akinyode	LC	4' 4"	
16	Jenny Bekes	Dakota	4' 4"	
	Lauren Flagan	GPN	NH	
	Taylor Kempisty	CV	NH	
	Kelly O'Connell	TROY	NH	



# Dakota Cougars Track & Field Invitational 2006

## Girls Results

### 3200 Meter Relay

1	Grosse Pointe North	Miserendino, Briscoll, Mayor, Katie	10:25.3
2	Troy	Kelsey, Gustafson, Yee Powell	10:32.2
3	Warren Mott	Mitchell, Mokrzycki, Macklem, Knoll	10:33.3
4	Utica	Scott, Baril, Vojochiekowski, Hogan	10:49.8
5	Eisenhower	Hohnstadt, Michelle, Rock, Lambert	10:56.4
6	Chippewa Valley	Calandrino, Fahey, Grzeeh, Finn	10:57.2
7	Athens	Michaels, Sto, Huston, Hammer	11:10.6
8	Fraser	Murray, Sarver, Broderick, Sellers	11:46.3
9	Cousino	Thull, Reidt, Thompson, Jackson	12:01.0

### High Hurdles

#### Prelim #1

1	Breanna Peabody	Utica	15.8	<b>MR/SR</b>
2	Melissa Pelky	CV	17.9	
3	Beth Geerer	LC	18.6	
4	Shakira Harrington	IKE	18.8	
5	Haley Sanders	Dakota	19.6	

#### Prelim #2

1	Coreen Jones	GPN	16.9
2	Shannon Murray	Dakota	18.8
3	Julie Hobig	LC	19.0
C	Jamie Potter	COUS	19.2

#### Prelim #3

1	Staci Cox	TROY	17.8
2	Tina Hollowell	CV	19.0
3	Charon Sewell	Fraser	19.4
4	Tiffany Moy	Athens	19.5

#### Prelim #4

1	Kiyonna Jones	GPN	17.4
2	Maria Mets	IKE	18.0
3	Snyder	TROY	18.6
4	Jennifer Trainor	Utica	18.7

#### Semifinal # 1

1	Coreen Jones	GPN	17.2
2	Kiyonna Jones	GPN	17.8
3	Maria Mets	IKE	18.3
4	Shannon Murray	Dakota	18.7
5	Julie Hobig	LC	19.1
6	Charon Sewell	Fraser	19.4
7	Jamie Potter	COUS	19.4

#### Semifinal # 2

1	Breanna Peabody	Utica	17.3
2	Shakira Harrington	IKE	18.0
3	Staci Cox	TROY	18.1
4	Melissa Pelky	CV	18.2
5	Tina Hollowell	CV	18.4
6	Beth Geerer	LC	18.6
7	Jennifer Trainor	Utica	18.9
8	Tiffany Moy	Athens	20.1

### High Hurdles

#### FINAL

1	Breanna Peabody	Utica	16.1
2	Korene Jones	GPN	16.2
3	Staci Cox	TROY	17.2
4	Kiyonna Jones	GPN	17.3
5	Shakira Harrington	IKE	17.8
6	Melissa Pelky	CV	18.1
7	Maria Mets	IKE	18.3
8	Shannon Murray	Dakota	19.3

### 100 Meter Dash

#### Prelim #1

1	Melena Nicholson	IKE	13.7
2	Megan Ball	Utica	13.8
3	Nichole Provencher	Dakota	14.2
4	Tiara Felder	Fraser	14.3
5	McKiaaey	FITZ	14.8
6	Allen	WAY	14.9

#### Prelim #2

1	Alysson Bodenbach	CV	13.0	<b>MR</b>
2	Mary Hauswirth	Utica	13.1	
3	Jania Foster	COUS	13.9	
4	Sara Snider	Dakota	14.2	
5	Frattarelli	COUS	14.5	
6	Jackson	LC	14.6	
7	Cobb	WM	14.8	

#### Prelim #3

1	Danielle Hubler	GPN	13.6
2	Kelly Pollmer	WM	13.9
3	Paris Johnson	LC	14.3
4	Jackie Nemesi	TROY	14.4
5	Williams	Athens	14.5
6	Beasley	FITZ	15.1
7	Mitchell	CL	15.3

#### Prelim #4

1	Anitra Peoples	GPN	13.4
2	Jessica Ferguson	IKE	13.6
3	Anna Dinverno	TROY	14.3
4	Pace	WAY	14.4
5	Jinenez	CL	14.7
6	Deschutter	Athens	14.8

#### Semifinal # 1

1	Alysson Bodenbach	CV	13.3
2	Mary Hauswirth	Utica	13.6
3	Kelly Pollmer	WM	13.8
4	Sara Snider	Dakota	13.9
5	Melena Nicholson	IKE	14.0
6	Jania Foster	COUS	14.4
7	Jackie Nemesi	TROY	14.5

#### Semifinal # 2

1	Jessica Ferguson	IKE	13.6
2	Anitra Peoples	GPN	13.8
3	Danielle Hubler	GPN	13.9
4	Megan Ball	Utica	14.0
5	Paris Johnson	LC	14.1
6	Nicole Provencher	Dakota	14.3
7	Tiara Felder	Fraser	14.8

#### FINAL

1	Alysson Bodenbach	CV	13.1
2	Jessica Ferguson	IKE	13.1
3	Anitra Peoples	GPN	13.3
4	Danielle Hubler	GPN	13.4
5	Mary Hauswirth	Utica	13.5
6	Kelly Pollmer	WM	13.6
7	Sara Snider	Dakota	13.7
8	Megan Ball	Utica	13.8



# Dakota Cougars

## Track & Field Invitational

### 2006

### Girls Results

#### 800 Meter Relay

##### **JV Heat #1**

1	Eisenhower "A"	Marsack, Mayer, Kwasnik, Rossi	1:57.9
2	Athens		2:08.2
3	Dakota "A"		2:10.1
4	Utica "A"		2:10.6
5	Eisenhower "B"		2:12.7
6	Utica "B"		2:13.1
7	Dakota "B"		2:22.0
8	Utica "C"		2:23.5

##### **Varsity**

1	Eisenhower	Ferguson, Nicholson, Schmidt, Willemsen	1:48.3 <b>MR/SR</b>
2	Grosse Pointe North		1:49.2
3	Dakota		1:50.6
4	Cousino		1:55.9
5	Troy		1:56.2
6	Utica		1:56.9
7	Athens		1:57.9
8	Fraser		1:59.7
9	Chippewa Valley		2:00.6
10	L'anse Creuse		2:01.2
11	Wayne Memorial		2:01.4

#### 1600 Meter Run

##### **JV**

1	Lesperance	TROY	5:54.4
2	Gimpert	GPN	6:10.0
3	Mika	WM	6:11.6
4	D'Hondt	GPN	6:25.2
5	Costakis	GPN	6:28.0
6	Megan McMahon	Dakota	6:29.6
7	Krzystowczyk	Athens	6:30.2
8	Muriel Carlisle	CV	6:30.5
9	Krutty	Athens	6:31.2
10	Hannah Markison	CV	6:38.3
11	Eve	Athens	6:39.3
12	Rayos	TROY	6:41.6
13	Kole	Athens	6:45.5
14			6:48.8
15	Ajlouni	GPN	6:51.5
16	Bojanic	Athens	6:53.9
17	Denomme	CV	
18	Trisha Phy	Dakota	7:00.0
19	Kaitlin Madinsky	Dakota	7:03.0

##### **Varsity**

1	Betsey Graney	GPN	5:19.86	<b>MR/SR</b>
2	Samantha Shay	TROY	5:38.96	
3	Amanda Mergaert	Utica	5:52.74	
4	Cara Miserendino	GPN	5:55.27	
5	Elizabeth Buchanan	WM	5:59.40	
6	Lexi Clippard	Athens	5:59.90	
7	Michelle Blain	IKE	6:00.49	
8	Renee Baril	Utica	6:07.11	
9	Krysten Neate	Dakota	6:10.46	
10	Rachel Harrison	LC	6:11.40	
11	Susan Zawalski	FITZ	6:16.96	
12	Kim Wilson	Dakota	6:20.36	
13	Clair Moro	WAY	6:24.11	

#### 400 Meter Relay

1	Eisenhower	Ferguson, Lambert, Schmidt, Willemsen	51.1 <b>MR/SR</b>
2	Grosse Pointe North		52.0
3	Troy		53.4
4	Utica		54.9
5	Cousino		55.1
6	L'anse Creuse		55.5
7	Dakota		55.6
8	Fraser		56.8
9	Athens		56.9
10	Centerline		59.9

#### 400 Meter Dash

##### **Heat #1**

1	Taylor Kempisty	CV	1:08.1	14 <sup>th</sup>
2	Michelle Mitchener	Athens	1:11.6	17 <sup>th</sup>
3	Erica Perdue	WAY	1:14.8	19 <sup>th</sup>
4	Kyla Applewhite	WM	1:18.3	20 <sup>th</sup>

##### **Heat #2**

1	Ashli Hogan	Utica	1:05.3	4 <sup>th</sup>
2	Jillian Conley	LC	1:05.7	5 <sup>th</sup>
3	Jennifer Yee	TROY	1:06.6	9 <sup>th</sup>
4	Allison Liddane	GPN	1:07.9	12 <sup>th</sup>
5	Christine Klein	GPN	1:08.0	13 <sup>th</sup>
6	Taylor Thompson	COUS	1:08.4	15 <sup>th</sup>
7	Samantha Sokalski	CV	1:08.8	16 <sup>th</sup>
8	Rachel Broderick	Fraser	1:11.8	18 <sup>th</sup>

##### **Heat #3**

1	Carley Ballantine	Utica	1:02.6	1 <sup>st</sup>
2	Jessica Lobaido	Dakota	1:03.4	2 <sup>nd</sup>
3	Chelsea Piper	Dakota	1:04.6	3 <sup>rd</sup>
4	Andrea Cobb	WM	1:05.8	6 <sup>th</sup>
5	Simone Fabilli	IKE	1:05.9	7 <sup>th</sup>
6	Karen Guo	Athens	1:06.2	8 <sup>th</sup>
7	Kelsey Gustafson	TROY	1:06.8	10 <sup>th</sup>
8	Blair Mesyn	Fraser	1:07.4	11 <sup>th</sup>

#### 300 Meter Hurdles

##### **Heat #1**

1	Charon Sewell	Fraser	55.7	12 <sup>th</sup>
2	Haley Sanders	Dakota	57.7	16 <sup>th</sup>
3	Jillian Hobig	LC	59.1	19 <sup>th</sup>
4	Ava Ranger	TROY	1:00.8	20 <sup>th</sup>
5	Sarah Kulman	Dakota	1:03.3	21 <sup>st</sup>

##### **Heat #2**

1	Joanna Kitlinski	CV	53.0	5 <sup>th</sup>
2	Marilyn Jen	TROY	54.0	9 <sup>th</sup>
3	Shelby Piper	Utica	55.4	11 <sup>th</sup>
4	Asia Body	COUS	55.9	13 <sup>th</sup>
5	Karla Bossenberg	LC	56.3	14 <sup>th</sup>
6	Melissa Pelky	CV	57.4	15 <sup>th</sup>
7	Jamie Potter	COUS	58.4	17 <sup>th</sup>
8	Tiffany Moy	Athens	58.8	18 <sup>th</sup>

##### **Heat #3**

1	Breanna Peabody	Utica	47.7	1 <sup>st</sup>
2	Alysson Bodenbach	CV	49.1	2 <sup>nd</sup>
3	Rie Tomida	TROY	52.5	3 <sup>rd</sup>
4	Shannon Murray	Dakota	52.8	4 <sup>th</sup>
5	Kiyonna Jones	GPN	53.2	6 <sup>th</sup>
6	Beth Geerer	LC	53.5	7 <sup>th</sup>
7	Ashley Zappitell	Utica	53.6	8 <sup>th</sup>
8	Shakira Harrington	IKE	54.7	10 <sup>th</sup>



# Dakota Cougars Track & Field Invitational 2006 Girls Results

## 800 Meter Run

### JV

1	Anna Dinverno	TROY	2:36.6
2	Heather Calandrino	CV	2:38.3
3	Jessica Vicari	IKE	2:47.0
4	Valerie Mika	WM	2:47.2
5	Brittini Rasche	IKE	2:48.0
6	Kaille Meguiar	IKE	2:48.3
7	Elizabeth Buchanan	WM	2:48.6
8	Rachael Yelda	Dakota	2:53.0
9			2:56.6

### Varsity

1	Grace Green	TROY	2:22.7	MR/SR
2	Banyel Mitchell	WM	2:30.0	
3	Jen Shoultz	TROY	2:30.9	
4	Amanda Finn	CV	2:35.9	
5	Loren Major	GPN	2:36.2	
6	Sarah Hohnstadt	IKE	2:37.2	
7	Erin Wolak	Utica	2:38.1	
8	Rachel Thull	COUS	2:41.1	
9			2:41.3	

## 200 Meter Dash

### Prelim #1

1	Katrina Drayton	TROY	27.9
2	Megan Willemssen	IKE	28.1
3	Jessica Pizzini	Dakota	29.6
4	Staley	Fraser	30.4
5	Chau	Athens	33.9

### Prelim #2

1	Alysson Bodenbach	CV	28.7
2	Rossi	IKE	29.9
3	Felder	Fraser	30.6
4	Rachael Yelda	Dakota	32.4

### Prelim #3

1	Pearce	COUS	29.2
2	Carly Ballantine	Utica	29.8
3	Jackson	LC	29.9
4	Applewhite	WM	32.7

### Prelim #4

1	Cobb	WM	27.7
2	DeFauw	GPN	28.1
3	Johnson	LC	29.1
4	K. Burke	Utica	31.2

### Semifinal # 1

1	Katrina Drayton	TROY	27.7
2	Kelly DeFauw	GPN	28.2
3	Megan Pearce	COUS	28.7
4	Jessica Pizzini	Dakota	29.0
5	Lauren Rossi	IKE	29.3
6	Miarra Jackson	LC	30.5
7	Kyla Applewhite	WM	32.5
8	Rachel Yelda	Dakota	33.1

### Semifinal # 2

1	Andrea Cobb	WM	27.7
2	Carly Ballantine	Utica	28.1
3	Megan Willemssen	IKE	28.5
4	Alysson Bodenbach	CV	28.6
5	Paris Johnson	LC	31.1
6	Monica Staley	Fraser	31.2
7	Tiara Felder	Fraser	31.3
8	Kelly Burke	Utica	31.4

## 200 Meter Dash

### FINAL

1	Katrina Drayton	TROY	25.3	MR/SR
2	Megan Willemssen	IKE	26.2	
3	Alysson Bodenbach	CV	26.3	
4	Kelly DeFauw	GPN	27.2	
5	Megan Pearce	COUS	28.2	
6	Jessica Pizzini	Dakota	28.3	
7	Andrea Cobb	WM	28.4	

## 3200 Meter Run

1	Betsy Graney	GPN	11:45.3
2	Haley Knoll	WM	11:51.2
3	Janell Herrick	Dakota	12:11.6
4	Stephanie Scott	Utica	12:12.4
5	Julia Naimy	Athens	12:21.9
6	Sarah Grynowicz	GPN	12:31.3
7	Alex Kotch	Utica	12:32.6
8	Sarah Powell	TROY	12:34.8

## 1600 Meter Relay

### JV

1	Dakota "A"	Magnotte, Neate, Yelda, Knudson	4:43.3	MR
2	Eisenhower		4:54.6	
3	Athens		5:00.6	
4	Dakota "B"		5:13.9	
5	Utica "A"		5:32.9	
6	Dakota "C"		5:37.7	
7	Utica "B"		5:44.9	

### Varsity Heat #1

1	L'anse Creuse	4:44.7
2	Fraser	4:50.3

### Varsity Heat #2

1	Troy	Dinverno, Drayton, Hsieh, Green	4:12.8	MR/SR
2	Dakota		4:22.9	
3	Utica		4:27.6	
4	Chippewa Valley		4:33.4	
5	Eisenhower		4:34.9	
6	Athens		4:35.4	
7	Grosse Pointe North		4:36.4	

**MR=Meet Record**

**SR=Stadium Record**