

2022

March

DAKOTA COUGARS TRACK AND FIELD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28 CONDITIONING Indoor Track 2:30-3:15	01 CONDITIONING Indoor Track 2:30-3:15	02 CONDITIONING Indoor Track 2:30-3:15 PT Conferences 5:30 -8:00	03 CONDITIONING Indoor Track 2:30-3:15 PT Conferences 5:30 -8:00	04 1/2 day CONDITIONING Indoor Track 10:45-11:30	05	06
07 CONDITIONING Indoor Track 2:30-3:15	08 NO SCHOOL Parent's MTG 6:00-7:30 Comm. Room	09 CONDITIONING Indoor Track 2:30-3:15 Team spike night hanson's 6 pm	10 Team Meeting 2:30 pm Comm. Room /Impact Test Fundraiser-kickoff 4:00 pm Senior	11 CONDITIONING Indoor Track 2:30-3:15	12	13
14 PRACTICE 2:30-4:30 Indoor Track	15 PRACTICE 2:30-4:30 Indoor Track	16 PRACTICE 2:30-4:30 Indoor Track	17 PRACTICE 2:30-4:30 Indoor Track	18 PRACTICE 2:30-4:30 Indoor Track	19	20
21 PRACTICE 2:30-4:30 Indoor Track	22 PRACTICE 2:30-4:30 Indoor Track	23 PRACTICE 2:30-4:30 Indoor Track	24 PRACTICE 2:30-4:30 Indoor Track	25 PRACTICE 2:30-4:30 Indoor Track	26 HURON RELAYS @ EMU 10 AM BUS 7:30 AM	27
28 PRACTICE 2:30-4:30 Indoor Track	29 PRACTICE 2:30-4:30 Indoor Track	30 PRACTICE 2:30-4:30 Indoor Track	31 PRACTICE 2:30-4:30 Indoor Track	01	02	03
04	05	Notes:				

2022

April

DAKOTA COUGARS TRACK AND FIELD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	29	30	31	01 1/2 Day PRACTICE 10:45-12:30 Indoor Track	02	03
04 No School PRACTICE 10:00-11:30 Indoor Track	05 No School PRACTICE 10:00-11:30 Indoor Track	06 No School PRACTICE 10:00-11:30 Indoor Track	07 No School PRACTICE 10:00-11:30 Indoor Track	08 No School PRACTICE 10:00-11:30 Indoor Track	09 SPRING BREAK CLASSIC @ DAKOTA NOON Report 11 am	10
11 PRACTICE 2:30-4:30 Stadium	12 PRACTICE 2:30-4:30 Stadium	13 DHS @ Romeo 4 PM Buses 2:30 pm	14 PRACTICE 2:30-4:30 Stadium	15 No School PRACTICE 10:00-11:30 Indoor Track	16	17 EASTER
18 PRACTICE 2:30-4:30 Stadium	19 DHS @ Chippewa 4 PM Buses 2:30 pm	20 PRACTICE 2:30-4:30 Stadium	21 PRACTICE 2:30-4:30 Stadium	22 PRACTICE 2:30-4:30 Stadium	23 ROYAL OAK Relays 10 am Buses 8 am	24
25 PRACTICE 2:30-4:30 Stadium	26 DHS @ GP North 4 PM Buses 2:30 pm	27 PRACTICE 2:30-4:30 Stadium	28 PRACTICE 2:30-4:30 Stadium	29 PRACTICE 2:30-4:30 or Romeo Distance Carnival 4 pm Buses 2:30 pm	30 Steve Johnson Relays @ Warren Mott 10 AM Buses 8 AM	01
02	03	Notes:				

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May

DAKOTA COUGARS TRACK AND FIELD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
25	26	27	28	29	30	01
02 PRACTICE 2:30-4:30 Stadium	03 DHS vs. Anchor Bay 4 PM Report 3 pm	04 PRACTICE 2:30-4:30 Stadium	05 PRACTICE 2:30-4:30 Stadium	06 PRACTICE 2:30-4:30 Stadium	07 New Balance Invite @ Farmington HS 10 AM Bus 7:30	08
09 PRACTICE 2:30-4:30 Stadium	10 NO SCHOOL DHS vs. GP South 4 PM Report 3 pm	11 PRACTICE 2:30-4:30 Stadium	12 PRACTICE 2:30-4:30 Stadium	13 PRACTICE 2:30-4:30 Stadium	14 DHS INVITE @ Dakota JV 9 AM VAR 12 PM	15
16 MAC RED @ Romeo 3:30 pm Buses 1:30 pm	17 PRACTICE 2:30-4:30 Stadium	18 JV MAC/CTY Meet @ Dakota 3:30 pm Report 2:30 pm	19 PRACTICE 2:30-4:30 Stadium	20 REGIONALS @ Dakota 4 pm Report 3 pm	21	22
23 PRACTICE 2:30-4:30 Stadium	24 PRACTICE 2:30-4:30 Stadium JV uniform hand	25 PRACTICE 2:30-4:30 Stadium	26 COUNTY MEET @ Warren Mott 4 PM Buses 2:15 pm	27 PRACTICE 2:30-4:30 Stadium	28 MITCA TM STATE FINALS	29
30 No School PRACTICE 10:00-11:30 Indoor Track	31 PRACTICE 2:30-4:30 Stadium	Notes: MITCA Team State Finals is still To Be Determined, most likely will be May 27 or 28				

2022

June

DAKOTA COUGARS TRACK AND FIELD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	31	01 PRACTICE 2:30-4:30 Stadium	02 PRACTICE 2:30-4:30 Stadium	03 PRACTICE 10:45 am Bus to Rockford 12:30 pm	04 STATE FINALS @ Rockford 9 am	05
06	07	08	09 Varsity Uniform Hand in	10	11 Graduation @ Dakota Stadium	12
13 EXAMS BANQUET 5pm	14 EXAMS	15 EXAMS	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	01	02	03
04	05	Notes:				