

MAC Track & Field Championships

SCHEDULE OF EVENTS

Eisenhower High School

Tuesday, May 22, 2018

3:15	All Entry scratches / substitutions DUE at the finish line. Implements weighed at the storage building by the shot area.
3:30	Boys Shot; Girls Discus; Boys High Jump; Girls Pole Vault Girls Long Jump (open order – boys follow at 5:30)
3:45	100 Dash Semi-Finals {17-18 entries, 3 heats; heat winners then next 5 times; 9-16 entries, 2 heats, heat winners then next 6 times}
4:00	100/110 Hurdle Semi-Finals {same as 100 dash}
4:20	200 Dash Semi-Finals {same as 100 dash}
4:40	3200 Relay Finals Boys-Girls
5:15	NATIONAL ANTHEM
5:20	FINALS – 100/110 Meter Hurdle Finals 100 Meter Dash Finals 800 Meter Relay Finals 1600 Meter Run Finals 400 Meter Relay Finals 400 Meter Dash Finals 300 Meter Hurdle Finals 800 Meter Run Finals 200 Meter Dash Finals 3200 Meter Run Finals 1600 Meter Relay Finals AWARDS / MEDALS

Each school listed is in charge of the following field event: (3 workers per school please)

• Boys/Girls High Jump:	GPNORTH	- boys begin at 3:30/girls to follow
• Girls/Boys Pole Vault:	DAKOTA	- girls begin at 4:00/boys to follow (MONDAY)
• Girls/Boys Long Jump:	GPSOUTH	- girls begin at 3:30 / boys at 5:30
• Girls/Boys Discus:	STEVENSON	- girls begin at 3:30 / boys to follow
• Boys/Girls Shot:	ROMEO	- boys begin at 3:30 / girls to follow

School exchange zone assignments:

• Zone #1:	STEVENSON	4x100
• Zone #2:	ROMEO	4x100
• Zone #3:	DAKOTA	4x100
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• Zone #1 & #3:	GPN	4x200
• Zone #2	EISENHOWER	4x200

STARTING HEIGHTS: PV – Boys: 8'0" / Girls: 6'0" HJ – Boys: 5'0" / Girls: 4'0"
 SCORING OPEN EVENTS 10-8-6-4-2-1 RELAYS 10-8-6-4-2

2018: BOYS RUN FIRST